

# THE BRANCLANDS TIMES



Nancy Regar grew up in Harrisburg, Pennsylvania, with four older siblings. She loved sports and dreamed of becoming a professional baseball player but her mother recommended business school instead.

At a YMCA dance she met Don, and "that was it". He was in the Navy, teaching radar and sonar classes at Lehigh University. They married while Don was in the student program at Westinghouse and moved from city to city several times a year. After he received a permanent assignment, they settled down and Nancy became a stay-home mother to their three daughters, Pat, Boo, and Donna.

Once Don retired they became nomads again, traveling on land and sea. A cruise in the Arctic Circle took them to Denmark, Sweden and Norway; she recalls the incongruity of eating watermelon in that wintry scene. Cruising down the Rhine they admired the fairy-tale castles, and a stop in Alsace featured a wonderful meal in the land of Don's ancestors.

A trip to England, Ireland, Scotland and Wales was less impressive than she had expected. This was before those countries had modernized their cuisines and the Irish really did serve a lot of potatoes!

Nancy's favorites were Switzerland and the Netherlands; they are the two she would return to if she could. The sight of pretty houses nestled in the Swiss mountains is a fond memory; she had hoped to ride the funicular to a mountaintop but it was too windy for safety and the ride was closed. When their ship came into port in Russia, they were greeted by a welcoming band!

Wherever they went, she and Don tried to go off on their own to visit art galleries. They were astonished to see that, unlike most galleries, the windows at the Hermitage in St. Petersburg allowed sunlight to pour over the treasured paintings.

For their fiftieth anniversary Nancy and Don took a Mediterranean cruise that included stops in Spain and Italy. Rome, of course, was a special treat with excellent food, but the place she remembers with amazement was a restaurant that had only one printed menu! Waiters brought it to each table, took the orders, and then presented it to the next table.

Besides their world travels, the couple drove across America and realized that, "spending time in our own country helps all of us to know ourselves and makes us realize why we are the way we are".

*By Mary Rodríguez*

## Mathematical Birds

By Jean Baker

Each Morn  
 From my second story  
 I watch feeding birds  
 They know their math  
 Arriving in thirds  
 Sometimes in sixes  
 Another time in nines  
 How clever-numbers  
 They count by multiples  
 The place and the time!  
 And how many can dine.  
 By contrast  
 when I was young  
 I had to have  
 A special teacher  
 To get me thru  
 A whole year  
 Of algebra!!!

## Tai Chi has Arrived!

Hiromi will be teaching a Tai Chi class once a week. It will be on Thursdays at 1:00pm for 45 minutes. It will be in the Exercise Room. First class will be in April. The exact start date is being finalized. Games in the Langman room will begin at 1:45 on Thursdays.

## Happy Birthday to...



Ed Lynch - Mar 1  
 Leo Shatin - Mar 13  
 Pat Jamme - Mar 18  
 Hugh Wolfrey - Mar 25  
 Walter Gaedecke - Mar 27

## Coming in March...

Another fun filled month of activities. Plus the beginning of spring. How can you not look forward to that warm and wonderful thought. Are you ready to celebrate St Patrick's Day? Remember...Everyone is Irish that day! I remember as a kid we would write our last name in school starting with an "O apostrophe". Funny thing is, I am half Irish, you just wouldn't know it by my Maiden name.

There will be two Lunch and learns. One by Evolution Hearing on "Nutrition and Hearing Health". The second is "Understanding more about Hospice".

What do you say to a Banana Split Sundae Social to celebrate Spring? If you went to the Hot Fudge Social you know it will be hard to pass on this one. If the weather cooperates we will hold it on the porch. If not, they will still taste good in the Dining room.

For your Musical entertainment, 'Me and Martha ' will be back.

I hope you can all join us.



## AH! COFFEE!

By Betty Kollar

Two mugs of coffee, it's really delicious.  
 It fills all of my dreams and all of my wishes.  
 It's the first thing I do when I get out of bed  
 Besides washing the dishes and keeping Frank fed.  
 It's also the end of a perfect day...  
 A mid-night snack before I pray.  
 I sleep and I dream, I try not to snore,  
 But keep waking up because I want more.  
 Coffee is good, but there is a limit.  
 I wish I were stronger and not so timid.  
 Tomorrow I'll try once more to say "NO",  
 To that miserably delicious Hot Cup O' Joe.

*Lunch & Learn "How to Effectively Empower Aging" -  
Presented by Jamie Collins of Pivot Therapy – Feb 8, 2018*



*Music by Bob Clouse – Feb 13, 2018*



*Branchlands Version of the Winter Olympics – Feb 28, 2018*



John Mussina Bowling



Bud Stotz playing Corn Hole



Tim Holland with the Bean Bag Toss

## St Patrick's Day

Find and circle all of the words that are hidden in the grid.  
The remaining 34 letters spell a secret message.

S A S S E N N I U G E V E N T S P  
 I Y A D I L O H N T Y Y P A E P O  
 C T H I S T O R Y R A R P K G O T  
 I L S O D A B R E A D A A I R H A  
 S C O K L H T N E E T N E V E S T  
 U C I V N V H D E R S O I D E I O  
 M E I C E U A C O N A I T L N B E  
 E L C H E R A N R I E S E K B F S  
 G T H T A L S H R A F S C F E U F  
 A I R P R A E E C T M I I E F E D  
 T C I G I A L B S E R M B T S G H  
 I C S N N A D A R E R D H T Y A O  
 R R T R N I F I M A E P I C E B L  
 E O I D E L C I T N T V E K A B Y  
 H S A S E E L N R I A I R L R A D  
 E S N B H N B O A L O O O T L C A  
 S H A M R O C K U D C N R N Y Y Y

<b>BEER</b>	<b>DANCING</b>	<b>HOLY DAY</b>	<b>POTATOES</b>
<b>BELFAST</b>	<b>DUBLIN</b>	<b>IRELAND</b>	<b>SEVENTEENTH</b>
<b>BISHOP</b>	<b>EVENTS</b>	<b>IRISH</b>	<b>SHAMROCK</b>
<b>CABBAGE</b>	<b>FEAST DAY</b>	<b>LEPRECHAUN</b>	<b>SNAKES</b>
<b>CELEBRATION</b>	<b>FESTIVAL</b>	<b>LIMERICK</b>	<b>SODA BREAD</b>
<b>CELTIC CROSS</b>	<b>GREEN</b>	<b>MARCH</b>	<b>TRADITION</b>
<b>CHRISTIAN</b>	<b>GUINNESS</b>	<b>MISSIONARY</b>	<b>YEARLY</b>
<b>CLOVER</b>	<b>HERITAGE</b>	<b>MUSIC</b>	
<b>CORK</b>	<b>HISTORY</b>	<b>PARADE</b>	
<b>CORNED BEEF</b>	<b>HOLIDAY</b>	<b>PATRON SAINT</b>	

## Construction Tidbits

We are getting down to the wire.

The front parking lot off Branchlands drive received it's initial paving. They still need to put a second coat and mark the parking spaces.

The stairs have been completed between the two buildings from the front parking lot to the back.

Paving of the back parking lot (between the apartments and Atlantic Sports Rehab) will occur soon. We will be coordinating with everyone who owns a car. They expect no more than 2 days to complete.

Opening Day set for May 7, 2018!!

Stay tuned for more updates at the next monthly Resident Meeting. Next meeting is scheduled for Apr 18<sup>th</sup> at 2:30pm in the Langman Room.

### Linden House at Branchlands



## A PLACE TO LIVE/ A WAY OF LIFE

BRANCHLANDS PROPERTIES

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## Coming Attractions in April

**Charlottesville Municipal Band Concert** – Sunday, April 22, 3:30 pm –  
 Piedmont Virginia Community College. Bus will leave at 2:45 pm

**Dinner Out** – Sunday, April 22, 5:00 pm. We will go straight from the band concert. Timberwood Restaurant on 5<sup>th</sup> Street near Wegmans.

**Clothing Drive** – Tuesday, April 12, 10:00am – 2:00pm in the Manor House Green Room. Time to do your spring cleaning. Donations are tax deductible. Donations going to 'Twice as Nice' who donates the proceeds to Mountainside Assisted Living.