

# September 2019

## Linden House Assisted Living at Branchland's

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Stretch and Strengthen-AR 11:30 Crafts: Rock Painting-AR 1:45 Short Stories-4L 2:15 Poetry and Prose-4L 3:00 Let's Learn: Barbra Streisand-4L  6:45 Barbra Streisand in <i>What's Up Doc</i> -4L 7:00 Evening Stroll-Lobby	<b>2 LABOR DAY</b> 9:45 Ageless Grace-AR 10:30 <b>Music and Memory: Lindsay Taylor-MC</b> 1:45 Brain Games-4L 3:30 Let's Learn: <i>Labor Day, Red Metal</i> -4L 6:45 Movie: <i>The Hundred Foot Journey</i> -4L 7:00 Highway to Heaven-AR	<b>3</b> 10:00 Fun and Fit-AR 11:00 7th Heaven-4L 11:45 <b>Outing: Try It Out Tuesday</b> 1:45 Movie: <i>The Way</i> -4L 3:30 Afternoon Tea and Current Events-AR 4:30 Word Search-AR 6:45 Movie: <i>Cast Away</i> -4L 7:00 Murder She Wrote-AR	<b>4 SKYSCRAPER DAY</b>  10:00 Seated Yoga-AR 11:00 Let's Learn: <i>Planet Earth, Episode 4- Caves</i> -4L 2:00 Tai Chi-4L 3:00 Bible Study with Dave-AR 4:15 Let's Learn: <i>Super Skyscrapers</i> -4L 6:45 Movie: Residents' Choice-4L 7:00 Wednesday Wine Down-4L	<b>5</b> 10:00 Nia Exercise- AR 11:00 It's Puzzling-4L 1:30 Scrabble at Branchlands 2:00 <b>Outing to Kohr Brothers Ice Cream</b> 3:30 <b>Activity Advisement Group-AR</b> 6:45 <b>Movie: The Way</b> -4L 7:00 Matlock-AR	<b>6 READ A BOOK DAY</b> 10:00 Smoovy Exercise-AR 11:00 <b>Bingo Hosted by Encompass-MC</b> 2:00 Cornhole (Bean Bag Toss)-4L 3:30 Let's Learn: <i>Ken Burns, The West</i> -4L 4:45 Group Puzzle-GR 6:45 Movie: <i>Lala Land</i> -4L 7:00 Pokeno-GR	<b>7</b> 10:00 Fit Forever- AR 10:30 Morning Walk-L 11:15 Flower Arranging-R 1:30 Scrabble-4L 2:00 Bingo- GR 3:15 Movie and Popcorn: <i>Can't Buy Me Love</i> -4L 4:00 Brainteasers-AR 6:45 TV Series: Heartland-AR
<b>8</b> 10:00 Stretch and Strengthen-AR 11:15 Brain Games and Tricks-GR 1:45 Discussion Group: Heros of The Twin Towers-4L 2:15 Short Stories-4L 3:00 Poetry-Shakespeare-4L 6:45 Barbra Streisand in <i>The Way We Were</i> -4L	<b>9</b> 9:45 Ageless Grace-AR 10:30 <b>Music and Memory: Matty Metcalf-MC</b> 2:00 How the Universe Works-4L 3:30 Afternoon Tea and Current Events-AR  4:00 Pokeno-GR 6:45 Movie: <i>The 6th Sense</i> -4L 7:00 Highway to Heaven-AR	<b>10</b> 10:00 Fun and Fit-AR 11:00 Crossword Puzzles-4L 11:30 <b>Lunch Outing to The Purple Foot</b> 1:45 Macho Movie: <i>The Last Man on the Moon</i> -4L 4:00 Music Appreciation-AR 6:45 Movie: <i>The Searches</i> -4L 7:00 Murder She Wrote-AR	<b>11</b> 10:00 Seated Yoga-AR 10:30 <b>Outing to Mary Lois Hubbe's Memorial Service</b> 10:45 The Bookmobile-FD 1:30 Sing-along Songs of the 40s-4L 3:00 Bible Study with Dave-AR 4:15 Let's Learn: <i>Living Proof</i> -AR 6:45 Movie: Residents' Choice-4L 7:00 Wednesday Wine Down-4L	<b>12 CHOC. MILKSHAKE DAY</b> 10:00 Fun and Fit-AR 11:00 <b>Outing to Cookout for Lunch &amp; Milkshakes</b> 2:00 <b>Musical Performer: Holly Hendrickson-4L</b> 3:30 You Be the Judge-AR  6:45 Movie: <i>Manchurian Candidate</i> -4L 7:00 Matlock-AR	<b>13</b>  10:00 Fun and Fit-AR 11:15 Two Minute Mysteries-4L 2:00 Cornhole (Bean Bag Toss)-4L 3:30 Let's Learn: <i>Ken Burns, The West</i> -4L 4:45 Brain Games-AR 6:45 Movie: <i>The Birds</i> -4L 7:00 Pokeno-GR	<b>14</b> 10:00 Fit Forever- AR 10:30 Morning Walk-L 11:15 Bingo- GR 2:00 <b>Musical Performer: Christopher Price-4L</b> 3:15 Movie & Popcorn: <i>An Ordinary Hero</i> -4L 4:00 Brainteasers-AR 6:45 TV Series: Heartland-AR
<b>15</b> 10:00 Stretch and Strengthen-AR 11:15 Upwards-GR 1:45 Short Stories-4L 2:15 Poetry and Prose-4L 3:00 Worship / Introduction of <i>City Church</i> -4L 4:15 Touched by an Angel-4L 6:45 Barbra Streisand in <i>For Pete's Sake</i> -4L	<b>16 MAYFLOWER DAY</b> 9:45 Ageless Grace-AR 10:30 <b>Music and Memory: Lindsay Taylor-MC</b> 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 4:00 Let's Learn: <i>The Pilgrims</i> -4L 6:45 Movie: <i>American Experience</i> -4L 7:00 Highway to Heaven-AR	<b>17 CONSTITUTION DAY</b> 10:00 Fun and Fit-AR 11:00 Brain Games-4L 11:00 <b>Shopping Outing: Walmart</b> 1:45 Macho Movie: <i>Oceans Eleven</i> -4L 3:30 Senior Pictures-4L 6:45 Movie: <i>National Treasure</i> -4L 7:00 Murder She Wrote-AR	<b>18</b> 10:00 Fun and Fit-AR 11:00 Arts and Crafts with Shining Star Prschooners-4L 1:45 Let's Make: <i>Strawberry Shortcake</i> -AR 3:00 Bible Study with Dave-AR 4:15 <b>Resident Council Meeting-AR</b> 6:45 Movie: Residents' Choice-4L 7:00 Wednesday Wine Down-4L	<b>19</b> 10:00 Nia Exercise- AR 11:00 Johnny Carson-4L 1:30 Scrabble at Branchlands 3:30 <b>Musical Performer: Matthew O'Donnell-4L</b> 6:30 <b>Outing to Carter's Mountain Sunset Series</b> 6:45 Movie: <i>Spartacus</i> -4L 7:00 Matlock-AR	<b>20</b> 10:00 Smoovy Exercise-AR 11:15 Short Stories-4L 2:00 Cornhole (Bean Bag Toss)-4L 3:30 Let's Learn: <i>Ken Burns, The West</i> -4L 4:45 Group Puzzle-GR 6:45 Movie: <i>His Girl Friday</i> -4L 7:00 Pokeno-GR	<b>21</b>  10:00 Fit Forever- AR 10:30 Morning Walk-L 11:15 <i>Flower Arranging-R</i> 1:30 Let's Learn: <i>The Amazon</i> -4L 2:00 Bingo- GR 3:15 Movie & Popcorn: <i>Rebel Without a Cause</i> -4L 4:00 Brainteasers-AR 6:45 TV Series: Heartland-AR
<b>22</b> 10:00 Stretch and Strengthen-AR 11:15 Crafts: Birdhouse Painting-AR  1:45 Short Stories-4L 2:15 Positive World Events-4L 3:00 Worship w/ City Church-4L 4:15 Touched by an Angel-4L 6:45 Barbra Streisand in <i>Hello Dolly</i> -4L	<b>23 CHECKERS DAY</b> 9:45 Ageless Grace-AR 10:30 <b>Music and Memory: Matty Metcalf-MC</b> 1:00 <b>Hearing Clinic-TH</b> 3:30 Afternoon Tea and Current Events-AR 4:00 Checkers-GR 6:45 Movie: <i>Great Gatsby</i> -4L 7:00 Highway to Heaven-AR	<b>24</b> 10:00 Fun and Fit-AR 11:00 <b>The Mars Expedition NASA-Richard Davis-AR</b> 1:45 Macho Movie: <i>Wild Horses</i> -4L 3:00 <b>Shopping at Target</b> 4:00 Art Show ft. Joan Wilson-R 6:45 Movie: <i>Some Like it Hot</i> -4L 7:00 Murder She Wrote-AR	<b>25</b>  10:00 Fun and Fit-AR 10:45 The Bookmobile-FD 11:00 Riddle Me This-4L 1:30 <b>Musical Performer James Curry-4L</b> 2:00 Tai Chi-AR 3:00 Bible Study with Dave-AR 6:45 Movie: Residents' Choice-4L 7:00 Wednesday Wine Down-4L	<b>26</b> 10:00 Nia Exercise- AR 11:30 <b>Lunch Outing to 2 Brothers Grill</b> 1:30 Scrabble at Branchlands 2:30 Puzzles-GR 3:30 You Be the Judge-AR 6:45 Movie: <i>Strangers on a Train</i> -4L 7:00 Matlock-AR	<b>27</b> 10:00 Smoovy Exercise-AR 11:15 Short Stories-4L 2:00 Cornhole (Bean Bag Toss)-4L 3:30 Let's Learn: <i>Ken Burns, The West</i> -4L 4:45 Brain Games-AR 6:45 Movie: <i>Wonder Woman</i> -4L 7:00 Pokeno-GR	<b>28</b>  10:00 Fit Forever- AR 10:30 Morning Walk-L 1:30 Checkers-4L 2:00 Bingo- GR 3:15 Movie & Popcorn: <i>We Were Soldiers</i> -4L 4:00 Brainteasers-AR 6:00 <b>Special Guest Dr. John Lukens, Ph.D.-4L</b>
<b>29</b> 10:00 Stretch and Strengthen-AR 11:15 Discussion Group: Positive World Events-4L 1:45 Short Stories-4L 2:15 Poetry and Prose-4L 3:00 Worship w/ City Church-4L 4:15 Touched by an Angel-4L 6:45 Barbra Streisand in <i>Yentl</i> -4L	<b>30</b>  9:45 Fun and Fit-AR 10:30 <b>Music and Memory: Lindsay Taylor-MC</b> 11:00 UNO-GR 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 6:45 Movie: <i>Green Book</i> -4L 7:00 Highway to Heaven-AR	 <p>Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree. Martin Luther</p>		 <p><b>LINDEN HOUSE</b> ASSISTED LIVING AT BRANCHLANDS</p>		<p>Church Schedule</p> <p>9:00 Church of our Savior, Episcopal            10:00 Meadows Presbyterian            10:20 Aldersgate Methodist Church            10:20 Northside Baptist Church            11:00: Church of Incarnation Catholic Church</p>