


January 2020

Linden House Assisted Living at Branchland's

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called opportunity and its first chapter is New Year's Day.</p> <p style="text-align: center;">-Edith Lovejoy Pierce</p>			1 New Year's Day 10:00 Fun and Fit - AR 11:00 The Rose Bowl Parade - AR 2:00 Movie: Polar Express - 4L 3:00 Bible Study with Dave-AR 6:45 Mystery Movie: <i>The Maltese Falcon</i> - 4L 7:00 Wednesday Wine Down Movie: <i>Casablanca</i> - TH	2 10:00 NIA Exercise- AR 11:15 The Merv Griffin Show -4L 11:30 Lunch Outing to: Country Cookin' 1:00 Steady Strides -Gym 3:00 Let's Learn: <i>Modern Marvels Locomotives</i> - 4L 6:45 Comedic Movie: <i>Operation Petticoat</i> - 4L	3 10:00 Smoovy Exercise-AR 11:30 Cornhole- Bean Bag Toss -AR 2:00 The Waltons -4L 3:30 History Channel Series: <i>Andrew Jackson</i> - 4L 7:00 Action/Adventure Movie: James Bond 007- <i>Never Say Never</i> - 4L	4 Trivia Day 10:00 Fit Forever- AR 11:15 Flower Arranging-R 2:00 Bingo- GR 3:15 Movie and Popcorn: <i>Marley & Me</i> - TH 4:00 Trivia - AR 7:00 Movie: <i>The Parent Trap</i> - 4L 7:15 TV Series: Heartland-AR
5 National Bird Day 10:00 Stretch and Strengthen-AR 11:15 Brain Games - 4L 2:15 Short Stories-4L 3:00 Let's Learn our Featured Actor: <i>Tom Selleck</i> - 4L 4:15 Touched by an Angel-4L 7:00 Featured Actor: Tom Selleck in <i>Three Men and a Baby</i> - 4L	6 9:45 Ageless Grace-AR 11:00 Needlework Group -4L 1:00 Writing for Pleasure -BL 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 7:00 Musical Movie Monday: <i>My Fair Lady</i> - 4L 7:15 Highway to Heaven-AR	7 10:00 Fun and Fit-AR 11:45 Outing to The Center for Try it out Tuesday 1:45 Macho Movie: <i>Bonnie and Clyde</i> - 4L 3:30 Let's Learn: Pandas - AR 7:00 Based on a True Story: <i>Escape From Alcatraz</i> - 4L 7:15 Murder She Wrote-AR	8 10:00 Seated Yoga-AR 10:00 Knit Wits-PDR 10:45 The Bookmobile - FD 2:00 Tai Chi - 4L 3:00 Bible Study with Dave-AR 4:00 Let's Learn: Where it Comes From - 4L 7:00 Mystery Movie & Wine Down <i>Gilda</i> - TH	9 10:30 NIA Exercise- AR 11:15 The Merv Griffin Show -4L 11:30 Lunch Outing to: IHOP 1:00 Steady Strides -Gym 3:00 Let's Learn: <i>Modern Marvels The Berlin Wall</i> - 4L 7:00 Comedic Movie: <i>How to Marry a Millionaire</i> - 4L	10 10:00 Smoovy Exercise-AR 11:30 Cornhole- Bean Bag Toss -AR 2:00 The Waltons -4L 3:30 History Channel Series: <i>Beyond DaVinci Code</i> - 4L 7:00 Action/Adventure Movie: James Bond 007- <i>Diamonds are Forever</i> - 4L	11 10:00 Fit Forever- AR 11:15 Crafts with Lori - AR 2:00 Bingo- GR 3:15 Movie & Popcorn: <i>Homeward Bound</i> - TH 4:00 Brainteasers-AR 7:00 Movie: <i>Steel Magnolias</i> - 4L 7:15 TV Series: Heartland-AR
12 10:00 Stretch and Strengthen-AR 11:15 Upwards-GR 1:00 Outing to The Alamo for Bye Bye Birdie 1:45 Short Stories-4L 2:15 Poetry and Prose-4L 3:00 Worship w/ City Church-4L 7:00 Featured Actor: Tom Selleck in <i>Broken Trust</i> - 4L	13 9:45 Ageless Grace-AR 11:00 Needlework Group -4L 1:00 Writing for Pleasure -BL 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 7:00 Musical Movie Monday: <i>An American in Paris</i> - 4L 7:15 Highway to Heaven-AR	14 10:00 Fun and Fit-AR 10:30 Shopping at Walmart 1:45 Macho Movie: <i>The Guns of Navarone</i> - 4L 3:30 Let's Learn: Venus - AR 7:00 Based on a True Story: <i>All the President's Men</i> - 4L 7:15 Murder She Wrote-AR	15 National Hat Day 10:00 Seated Yoga - AR 11:15 Milton Berle - 4L 2:00 Tai Chi -4L 3:00 Bible Study with Dave-AR 4:00 Let's Learn: Where it Comes From - 4L 7:00 Mystery Movie & Wine Down <i>Rear Window</i> - TH 7:15 Alice - AR	16 10:00 NIA Exercise- AR 11:00 The Merv Griffin Show -4L 11:45 Lunch Outing to: Chic Fil-A 1:00 Steady Strides -Gym 2:00 Musical Performance: Matthew O'Donnell - 4L 7:00 Comedic Movie: <i>Arsenic and Old Lace</i> - 4L	17 10:00 Smoovy Exercise-AR 11:30 Cornhole- AR 2:00 The Waltons -4L 3:00 Musical Performance: Barborshop Bells and Beaus - 4L 7:00 Action/Adventure Movie: James Bond 007- <i>Living Daylights</i> - 4L	18 Thesaurus Day 10:00 Fit Forever- AR 11:15 Flower Arranging-R 1:30 Another Word For... - AR 2:00 Bingo- GR 3:15 Movie & Popcorn: <i>Turner and Hooch</i> - TH 7:00 Movie: <i>Good Will Hunting</i> - 4L 7:15 TV Series: Heartland-AR
19 National Popcorn Day 10:00 Stretch and Strengthen-AR 11:15 Brain Games -4L 1:45 Short Stories-4L 2:15 Poetry on Peace - 4L 3:00 Worship w/ City Church-4L 4:15 Popcorn Tasting - AR 7:00 Featured Actor: Tom Selleck in <i>An Innocent Man</i> - 4L	20 9:45 Ageless Grace-AR 11:00 Arts and Crafts - 4L 1:00 Writing for Pleasure -BL 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 6:45 Musical Movie Monday: <i>Singing in the Rain</i> - 4L 7:00 Highway to Heaven-AR	21 10:00 Fun and Fit-AR 10:30 Outing to MGM National Resort and Casino 11:00 Father Knows Best- 4L 1:45 Macho Movie: <i>The Eagle Has Landed</i> - 4L 3:30 Musical Performance: Benny Goodfriend - 4L 7:00 Movie: <i>The Blind Side</i> - 4L	22 10:00 Seated Yoga - AR 10:45 The Bookmobile - FD 11:00 Bob Hope - 4L 2:00 Tai Chi - AR 3:00 Bible Study with Dave-AR 4:00 Let's Learn: Where it Comes From - 4L 7:00 Mystery Movie & Wine Down <i>The Third Man</i> - TH	23 10:00 NIA Exercise- AR 11:00 The Merv Griffin Show -4L 11:30 Lunch Outing to: Cracker Barrel - 4L 1:00 Steady Strides -Gym 3:00 Let's Learn: <i>Modern Marvels Helicopters</i> - 4L 7:00 Comedic Movie: <i>Lemon Drop Kid</i> - 4L	24 10:00 Smoovy Exercise-AR 11:30 Cornhole- Bean Bag Toss -AR 2:00 The Waltons -4L 3:30 History Channel Series: <i>Quest of the Lost Ark</i> - 4L 7:00 Action/Adventure Movie: James Bond 007- <i>Licensed to Kill</i> - 4L	25 10:00 Fit Forever- AR 11:15 Crafts with Lori - AR 2:00 Bingo- GR 3:15 Movie and Popcorn: <i>Old Yeller</i> - TH 4:00 Card Games -GR 7:00 Movie: <i>My Man Godfrey</i> - 4L 7:15 TV Series: Heartland-AR
26 10:00 Stretch and Strengthen-AR 11:15 Positive World Events-4L 2:00 Short Stories-4L 3:00 Poetry and Prose-4L 4:15 Touched by an Angel-4L 7:00 Featured Actor: Tom Selleck in <i>High Road to China</i> - 4L 7:15 MASH -AR	27 9:45 Ageless Grace-AR 11:00 Needlework Group -4L 1:00 Hearing Clinic - TH 2:00 Tai Chi-4L 3:30 Afternoon Tea and Current Events-AR 6:45 Musical Movie Monday: <i>A Star is Born</i> - 4L 7:00 Highway to Heaven-AR	28 10:00 Fun and Fit-AR 10:30 Shopping: Food Lion 11:00 Father Knows Best- 4L 1:45 Macho Movie: <i>Where Eagles Dare</i> - 4L 3:30 Resident Council - AR 7:00 Based on a True Story: <i>Apollo 13</i> - 4L 7:00 Murder She Wrote-AR	29 National Puzzle Day 10:00 Seated Yoga - AR 11:00 Group Crossword Puzzles - AR 2:00 Tai Chi - 4L 3:00 Bible Study with Dave-AR 4:00 Let's Learn: Where it Comes From - 4L 7:00 Mystery Movie & Wine Down: <i>The Birds</i> - TH 7:15 Alice - AR	30 10:30 NIA Exercise- AR 11:15 The Merv Griffin Show -4L 11:45 Lunch Outing to: Habachi Grill 1:00 Steady Strides -Gym 3:00 Let's Learn: <i>Modern Marvels Great Inventions</i> - 4L 7:00 Comedic Movie: <i>Pillow Talk</i> - 4L	31 10:00 Smoovy Exercise-AR 11:30 Cornhole - AR 2:00 The Waltons -4L 3:30 History Channel Series: <i>102 Minutes that Changed America</i> - 4L 7:00 Action/Adventure Movie: James Bond 007: <i>Goldfinger</i> - 4L	