

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2019

**Location Key:**  
 LR-Langman Room  
 EX-Exercise Room  
 MH-Manor House  
 SH-Sargent House  
 FP-Front Porch  
 AC-Arts & Crafts Room  
 CY-Courtyard



No Happy Hour Today 1  
**12:30 Cardio EX**  
 1:30 Canasta LR  
 7:00 Pinochle-Games LR

2  
**9:30 Brunch MH**  
 1:30 Board Games LR  
 6:00 Movie Night LR

3  
 1:30 Canasta LR  
 2:00 Needle Craft AC  
 Daylight Saving Time Ends

4  
**9:30 Trip to the Virginia Museum of Fine Arts**  
 1:00 Writing for Pleasure MH  
 1:00 Rummikub LR  
**2:15 Yoga EX**  
 7:00 Poker-Games LR

5  
**11:30 Voting at the Center**  
**12:00 Cardio EX**  
**1:00 Voting at the Center**  
 1:00 Bridge LR  
**3:30 Happy Hour & Music with Billy Caldwell LR**  
 7:00 Bingo LR

6  
**11:00 Cardio EX**  
**2:00 November Birthday Party MH**  
 2:00 Hand & Foot LR  
 7:00 Poker-Games LR

7  
**11:30 Lunch Out at Sam's Kitchen**  
 1:45 Board Games LR  
 7:00 Pokeno LR

8  
**12:30 Cardio EX**  
 1:30 Canasta LR  
**3:30 Happy Hour & Music with Bob Clouse LR**  
 7:00 Pinochle-Games LR

9  
**9:30 Brunch MH**  
 1:30 Board Games LR  
**6:00 Burger King Party LR**  
 7:00 Movie Night LR

10  
 1:30 Canasta LR  
 2:00 Needle Craft AC  
**4:30 Dinner Out at Outback Steakhouse**

11  
**10:30 Food Committee Mtg MH**  
 1:00 Writing for Pleasure MH  
 1:00 Rummikub LR  
**3:00 Resident Council Meeting AC**  
 7:00 Poker-Games LR

12  
**12:00 Cardio EX**  
 1:00 Bridge LR  
**3:30 Happy Hour & Music with Barbara Martin LR**  
 7:00 Bingo LR

13  
 10:00 Blood Pressure Check MH  
 10:15 Bookmobile  
**11:00 Cardio EX**  
**12:30 Crafts AC**  
 2:00 Hand & Foot LR  
 7:00 Poker-Games LR

14  
**12:00 Lunch & Learn "Walking Techniques" MH**  
 1:45 Board Games LR  
 7:00 Pokeno LR

15  
**12:30 Cardio EX**  
 1:30 Canasta LR  
**3:30 Happy Hour & Music with Frank Byars LR**  
 7:00 Pinochle-Games LR

16  
**9:30 Brunch MH**  
 1:30 Board Games LR  
 6:00 Movie Night LR

17  
 1:30 Canasta LR  
 2:00 Needle Craft AC

18  
**9:00 Trip to the Planetarium**  
 1:00 Writing for Pleasure MH  
 1:00 Rummikub LR  
**2:15 Yoga EX**  
 7:00 Poker-Games LR

19  
**12:00 Cardio EX**  
 1:00 Bridge LR  
**3:00 Happy Hour & Music with Matty Metcalfe LR**  
 7:00 Bingo LR

20  
**11:00 Cardio EX**  
**12:30 Crafts AC**  
**2:30 Resident Meeting LR**  
 7:00 Poker-Games LR

21  
**10:45 Wegman's**  
**2:00 Happy Hour & Music with Matt O'Donnell LR**  
 7:00 Pokeno LR

22  
 No Happy Hour Today  
**12:30 Cardio EX**  
 1:30 Canasta LR  
 7:00 Pinochle-Games LR

23  
**9:30 Brunch MH**  
 1:30 Board Games LR  
**6:00 Pizza Party LR**  
 7:00 Movie Night LR

24  
 1:30 Canasta LR  
 2:00 Needle Craft AC

25  
**11:00 Lunch out at Cracker Barrel**  
 1:00 Writing for Pleasure MH  
 1:00 Rummikub LR  
 7:00 Poker-Games LR

26  
**12:00 Cardio EX**  
 1:00 Bridge LR  
**3:30 Happy Hour LR**  
 7:00 Bingo LR

27  
**11:00 Cardio EX**  
 10:00 Blood Pressure Check MH  
 10:15 Bookmobile  
**2:00 & 4:00 Thanksgiving Dinner MH**  
 7:00 Poker-Games LR

28  
 Office & Kitchen closed, no Transportation or Housekeeping  
 1:45 Board Games LR  
 7:00 Pokeno LR  
**Happy Thanksgiving!**  
 Thanksgiving Day (US)

29  
 No Cardio Today  
 1:30 Canasta LR  
**3:30 Happy Hour LR**  
 7:00 Pinochle-Games LR

30  
**9:30 Brunch MH**  
 1:30 Board Games LR  
 6:00 Movie Night LR