

THE BRANCHLANDS TIMES



Bernard, or Bernie as he is known by everyone here at Branchlands, was born in New York to Nancy and Bernard Mahan, in September 1959. His mother lives in Utah but most of his family came from New York. His grandparents came over from Ireland. He has one brother who was born in Rome, New York which is near Syracuse. His father worked as a Barber.

Bernie graduated from high school in upstate New York and went to Oral Roberts University in Tulsa, Oklahoma. He has worked at hospitals all over the country, helping people who needed care. More recently, he became a Certified Dementia Practitioner.

Bernie has two sons, Andrew who is 30 and was in the Air Force, and Christopher, age 27. Both live in Virginia. Bernie has traveled coast to coast as a consultant in hospitals for many years. One of the many hospitals was the Washington Hospital Center which had over 800 beds. It was quite a challenge but his education and training helped him do a great job.

Bernie moved to Charlottesville in 1990 to open a continuing Care retirement Community. Over the years, Bernie has worked at a variety of Senior Care communities, and joined Branchlands last summer.

Bernie often works in the office and helps Robin. He also drives the Branchland's bus on Sundays to take residents to Church. Some people say he is a Minister because "He takes care of his flock".

Bernie also hopes to take care of many of the people who will live at the Linden House. He is a very dedicated man and loves the work that he does. We are very fortunate to have him here at Branchlands and will be sorry to see him leave and go there. However, I think many of the residents here at Branchlands will be going to the Linden House when they need more care. Thank you Bernie for your help and we all wish you well. God Bless!

By Betty Kollar

Thoughts on Valentines Day

By Betty Kollar

What is love? Do we really know?

Some say it's a fire burning.

Others warn us to be aware

Of sacrifice and yearning.

Is it friendship, warm and sweet,

Filling hearts with joy complete?

Or is it joyless and demanding?

Is it cruel and oft commanding?

Love for me, is total freedom

Shared with a kindred soul,

And trust and hope and tenderness,

To help you reach your goal.

If you can't let your loved one grow

And reach the summit of their dreams,

Then life together is emptiness,

And your love not what it seems.

Love can be partly dreaming,

And partly just holding tight,

And partly touching Heaven,

In the stillness of the night.

Love should be forever,

Until through death some day you part.

How perfect I now remember

Were the hands that held my heart.

Some say that God Himself is love,

And with that I must agree.

But in all the world around me,

There's no greater love than thee.

Coming in February...

This month has a lot of new and exciting things for you to enjoy with your friends. I hope as you look over your Activity Calendar you save the dates.

Who can turn down a special Valentines Dinner Extravaganza put on by Chef Barry. Or a Hot Fudge Sundae Social...YUM!

Earlier in the month there is a Lunch and Learn on 'How to Effectively Empower Aging'. James Collins from Pivot Therapy will be here to talk to you and answer all your questions. You can start burning calories and getting in shape before you indulge in the Hot Fudge Sundae.

We also have a trip planned to the UVA-Healthsouth Rehabilitation Hospital. Terri Isehour is going to explain what is available in the area of therapy in case anyone needs help down the road. It is always nice to know your options. Terri will come in for a lunch and learn in the future to help answer any questions that come to mind after the tour.

Bob Clouse will be back to entertain you with his sing along music at one of our Happy Hours.

There is also our own version of the Winter Olympics. We will be having a friendly competition of indoor games.

I don't want to give them all away, but we will be bowling and playing corn hole. If you are not familiar with that one, you will have to come down and see for yourself.

To end the month there is a trip to the Riverside Theatre in Fredericksburg for a matinee performance of Mama Mia. This includes a very nice lunch at the Theatre.

I hope you can all join us.

Happy Birthday to...



Lorraine Just - Feb 15

Evelyn Early - Feb 23

Martha Leclere - Feb 24



Lunch & Learn 'Prescription Packets Consolidation' Presented by Christine Shaw – Jan 11, 2018



Music by Matthew O'Donnell – Jan 23, 2018



Education Session - 'Understanding Dementia' - Presented by Judi Cleary - Jan 25, 2018



USA Presidents Word Search

The remaining letters spell an Abraham Lincoln quotation.

M N O S L I W E R E L Y T L E A G N
 A H O O V E R T A Y L O R V E N N A
 D F D R O O S E V E L T O N O M I M
 I N T P M H I E G D I L O O C O D U
 S O N L I J Q A D A M S S R N N R R
 O X L O G E F F M O I R E E G R A T
 N I B T S O R A O R M O V A W O H N
 F N H U R R B C R N L R E G B E W E
 R O S D C O E A E I O N L A U A J R
 K W U N L H H F N I O S T N S W A U
 E R B A J B A C F S S M N H H R D B
 N E W L O T O N K E C E I H T H A N
 N T H E H L A C A K J N N H O I M A
 E R G V N C A F I N G H U H A J S V
 D A R E S J C N T T A R N B O Y A E
 Y C A L O D L N O S I R R A H W E O
 N E N C N E T N N O T N I L C O E S
 D A T Y Y P O L K G A R F I E L D R

WASHINGTON	TAYLOR	B HARRISON	KENNEDY
J ADAMS	FILLMORE	MCKINLEY	L JOHNSON
JEFFERSON	PIERCE	T ROOSEVELT	NIXON
MADISON	BUCHANAN	TAFT	FORD
MONROE	LINCOLN	WILSON	CARTER
J Q ADAMS	A JOHNSON	HARDING	REAGAN
JACKSON	GRANT	COOLIDGE	G H W BUSH
VAN BUREN	HAYES	HOOVER	CLINTON
W HARRISON	GARFIELD	F D ROOSEVELT	G W BUSH
TYLER	ARTHUR	TRUMAN	OBAMA
POLK	CLEVELAND	EISENHOWER	

Construction Tidbits

They are still on schedule to complete the construction phase March 28. We are just a couple months away from opening!

Paving of the back parking lot (between the apartments and Atlantic Sports Rehab) should occur soon. We will be coordinating with everyone who owns a car to park them up in the church parking lot while they pave.

The front parking lot off Branchlands Drive will be done at a later date. As you can see all the heavy equipment has been moved in preparation for paving.

Stay tuned for more updates at the next monthly Resident Meeting. Next meeting is scheduled for Feb 21st at 2:30pm in the Langman Room.

Linden House at Branchlands



Coming Attraction in March

Music – “Me & Martha” – Friday, March 9, 3:30 pm in the Langman room during Happy Hour.

Look for these in the future months

Charlottesville Municipal Band Concert – Sunday, April 22, 3:30 pm – Piedmont Virginia Community College. Bus will leave at 2:45 pm

Dinner Out – Sunday, April 22, 5:00 pm. We will go straight from the concert. Restaurant to be determined closer to the date.

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