

LINDEN HOUSE

ASSISTED LIVING AT BRANCLANDS



Update –Monday March 16, 2020

Linden House Residents, Families and Friends,

We continue to monitor the spread of COVID-19 and measures recommended by federal, state and local agencies to prevent transmission of the virus.

Linden House does not have any residents with a diagnosis of COVID-19. No employees have been diagnosed with the “Corona” virus. According to local government officials, one case was reported today in Albemarle County. As you would expect, we consider fine-tuning measures in place as well as additional ones whenever such information becomes available to us or new preventative recommendations are made.

To date, potential exposure of our residents has been reduced by enacting visitor restrictions and screening procedures for essential staff and caregivers. We now believe it is prudent to take additional precautions, including cancellation of communal dining and group activities.

With that in mind, as of Tuesday, March 17th, we are:

- Closing the restaurant and delivering all meals to the apartments of residents in assisted living. They will be asked to use a daily “pre-order” menu for meal selections to be delivered the next day floor by floor, starting with the 4th floor and working down to the Lawn Level. Our goal will be to deliver all breakfast meals by 9, all lunch meals by 1 and all dinner meals by 6.
- Continuing meals in The Gardens as currently scheduled but using additional tables for social distancing of residents.
- Cancelling all group activities. Activities staff will be checking on residents in their assisted living apartments and offering opportunities for independent leisure options. Activities staff will also assist with use of communication and technology alternatives for movies and games as well as connecting with families and friends. Activities staff in The Gardens will offer one-on-one engagement during this time.
- Asking residents not to gather in groups and, when practical, to maintain a distance of 6 feet from others. Residents are not required to stay in their apartments at this time and may move around the building if they choose.

LINDEN HOUSE

ASSISTED LIVING AT BRANCLANDS



- Monitoring residents twice daily for fever and new respiratory symptoms. Residents who develop either will be recommended for assessment by their physicians and put on isolation as a precautionary measure until confirmed negative for active infectious disease processes.
- Closing the rehabilitation gym. Residents who are currently receiving therapy will be visited by their therapist in their apartments until further notice.
- Welcoming a new Nurse Practitioner, Jenny Furlow, NP-C to our community. She will be available to provide onsite medical assessment to residents in their apartments or the wellness clinic if they or their families prefer to avoid potential exposure by going to their community-based physician. Jenny will visit Linden House on Thursday from 3:30 to 4:30pm. Please let the front desk know if you would like to meet her in your apartment, would like a phone call to answer questions about COVID-19, or want to discuss her services.

We know that living with these additional limitations will be challenging. Our intent is to protect our most at-risk segment of the population by reducing their contact with potential sources of infection. We ask for your patience and understanding as we transition to these changes.

Thank you for your cooperation and the trust you have placed in us. These restrictions will be removed as soon as it is safe to do so.

Respectfully,

A handwritten signature in black ink, appearing to read "Kristin". The signature is fluid and cursive.

Kristin Lovett
Executive Director