

# August 2020

# Linden House Assisted Living at Branchlands

LINDEN HOUSE  
ASSISTED LIVING AT BRANCHLANDS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 9:30-10:00 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 11:00-12:00 Arts & Crafts Creations: Spiral Wind Spinners - AR 2:00-3:00 Bingo - GR 3:00-5:30 Movie & Popcorn: <i>Chitty Chitty Bang Bang</i> - AR / TH 7:00-8:00 <i>The Andy Griffith Show</i> - TH
<b>2</b> <b>National Ice Cream Sandwich Day</b> 9:30-10:00 Daily Chronicle Delivery 10:00-11:00 Resident Stroll - CY 11:00-12:00 Worship Services-Residents' Choice 2:00-3:00 Pen Pal Hour Delivery/Submissions 3:00-5:00 Movie: Ernest Hemingway's: <i>The Old Man and the Sea</i> - 4L	<b>3</b> 10:00-11:00 Trivia Contest Delivery 11:00-12:00 Seated Exercise - AR 1:00-2:00 Reading & Writing for Pleasure - 4L 2:00-2:30 Knit & Crochet Club - 4L 3:00-4:00 Tea and Current Events - AR 6:30-7:00 <i>The Doris Day Show</i> - 4L 7:00-9:00 Movie: <i>That Brennan Girl</i> - 4L	<b>4</b> <b>National Chocolate Chip Cookie Day</b> 10:00-10:30 Daily Chronicle Delivery & Activity Cart 10:30-11:00 Zoom Exercise - AR 1:00-1:30 Resident Stroll - L / CY 2:00-2:30 Bingo - GR 3:00-3:30 Flexibility - AR 3:30-4:00 <i>When Calls the Heart</i> - 4L 4:00-5:00 Music Favorites - 4L / AR	<b>5</b> 10:00-11:00 Crossword Delivery 11:00-11:30 Seated Exercise - AR 11:30-12:00 Bible Study with Dave Devotional Delivery 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Muscle Relaxation - AR 3:30-4:30 Let's Learn: <i>Conspiracy Theories: The Royal Family</i> - 4L	<b>6</b> <b>National Root Beer Float Day</b> 10:00-10:30 Daily Chronicle Delivery 10:30-11:00 Zoom Exercise - AR 1:00-2:00 Resident Stroll - L / CY 3:00-3:30 Chair Yoga - AR 3:30-4:30 Let's Learn: <i>Discovering Doris Day</i> - 4L 7:00-9:00 Movie Classic: Doris Day in: <i>That Touch of Mink</i> - 4L	<b>7</b> 10:00-11:00 Word Search of the Day & Activity Cart 11:00-11:30 Seated Tai Chi - AR 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Moovin and Groovin - AR 4:30-5:30 Book Club - CY 7:00-9:00 Action / Adventure Movie: <i>First Knight</i> - 4L	<b>8</b> <b>Elvis Presley Week</b> 9:30-10:00 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 11:30-12:00 Garden Club: Flower Arranging - R 2:00-3:00 Bingo - GR 3:30-5:30 Movie & Popcorn: Elvis Presley in: <i>Blue Hawaii</i> - AR / TH 7:00-8:00 <i>The Andy Griffith Show</i> - TH
<b>9</b> 9:30-10:00 Daily Chronicle Delivery 10:00-11:00 Resident Stroll - CY 11:00-12:00 Worship Services-Residents' Choice 2:00-3:00 Pen Pal Hour Delivery/Submissions 3:00-5:00 Movie: Elvis Presley in: <i>Fun in Alcapulco</i> - 4L	<b>10</b> <b>National S'mores Day</b> 10:00-11:00 Trivia Contest Delivery 11:00-12:00 Seated Exercise - AR 1:00-2:00 Reading & Writing for Pleasure - 4L 2:00-2:30 Knit & Crochet Club - 4L 3:00-4:00 Tea and Current Events - AR 6:30-7:00 <i>The Doris Day Show</i> - 4L 7:00-9:00 Elvis Movie: <i>G. I. Blues</i> - 4L	<b>11</b> 10:00-10:30 Daily Chronicle Delivery & Activity Cart 10:30-11:00 Zoom Exercise - AR 1:00-1:30 Resident Stroll - L / CY 2:00-2:30 Bingo - GR 2:30-3:30 <i>Elvis Presley: Classic Performances</i> - 4L 3:30-4:30 <i>When Calls the Heart</i> - 4L 4:00-5:00 Music Favorites - 4L / AR	<b>12</b> 10:00-11:00 Crossword Delivery 11:00-11:30 Seated Exercise - AR 11:30-12:00 Bible Study with Dave Devotional Delivery 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Muscle Relaxation - AR 3:30-5:00 Let's Learn: <i>Elvis, King of Entertainment</i> - 4L	<b>13</b> 10:00-10:30 Daily Chronicle Delivery 10:30-11:00 Zoom Exercise - AR 1:00-2:00 Resident Stroll - L / CY 3:00-3:30 Chair Yoga - AR 3:30-4:30 Let's Learn: <i>The Last 24 Hours: Elvis Presley</i> - AR 7:00-9:00 Movie Classic: Elvis in: <i>Girl Happy</i> - 4L	<b>14</b> <b>National Creamsicle Day</b> 10:00-11:00 Word Search of the Day & Activity Cart 11:00-11:30 Seated Tai Chi - AR 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Moovin and Groovin - AR 4:30-5:30 Book Club - CY 7:00-9:00 Action / Comedy Elvis Movie: <i>Girls! Girls! Girls!</i> - 4L	<b>15</b> <b>World Honey Bee Day</b> 9:30-10:00 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 11:00-12:00 Arts & Crafts Creations: Corner Bookmarks - AR 2:00-3:00 Bingo - GR 3:30-5:30 Movie & Popcorn: <i>The Winslow Boy</i> - AR / TH 7:00-8:00 <i>The Andy Griffith Show</i> - TH
<b>16</b> 9:30-10:00 Daily Chronicle Delivery 10:00-11:00 Resident Stroll - CY 11:00-12:00 Worship Services-Residents' Choice 2:00-3:00 Pen Pal Hour Delivery/Submissions 3:00-5:30 Movie: John Wayne in: <i>Hondo</i> - 4L	<b>17</b> 10:00-11:00 Trivia Contest Delivery 11:00-12:00 Seated Exercise - AR 1:00-2:00 Reading & Writing for Pleasure - 4L 2:00-2:30 Knit & Crochet Club - 4L 3:00-4:00 Tea and Current Events - AR 6:30-7:00 <i>The Doris Day Show</i> - 4L 7:00-9:00 Movie: <i>Life With Father</i> - 4L	<b>18</b> 10:00-10:30 Daily Chronicle Delivery & Activity Cart 10:30-11:00 Zoom Exercise - AR 1:00-1:30 Resident Stroll - L / CY 2:00-2:30 Bingo - GR 3:00-3:30 Flexibility - AR 3:30-4:00 <i>When Calls the Heart</i> - 4L 4:00-5:00 Music Favorites - 4L / AR	<b>19</b> 10:00-11:00 Crossword Delivery 11:00-11:30 Seated Exercise - AR 11:30-12:00 Bible Study with Dave Devotional Delivery 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Muscle Relaxation - AR 3:30-4:30 Let's Learn: <i>Conspiracy Theories: Disappearances</i> - 4L	<b>20</b> <b>National Chocolate Pecan Pie Day</b> 10:00-10:30 Daily Chronicle Delivery 10:30-11:00 Zoom Exercise - AR 1:00-2:00 Resident Stroll - L / CY 3:00-3:30 Chair Yoga - AR 3:30-5:30 Let's Learn: <i>Discovering Sophia Loren</i> - 4L 7:00-9:00 Movie Classic: Sophia Loren in: <i>Brief Encounter</i> - 4L	<b>21</b> <b>Senior Citizens Day</b> 10:00-11:00 Word Search of the Day & Activity Cart 11:00-11:30 Seated Tai Chi - AR 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Moovin and Groovin - AR 4:30-5:30 Book Club - CY 7:00-9:00 Action / Drama Movie: <i>Legal Action</i> - 4L	<b>22</b> 9:30-10:00 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 11:30-12:00 Garden Club: Flower Arranging - R 2:00-3:00 Bingo - GR 3:30-5:30 Movie & Popcorn: <i>Legend of 5 Mile Cave</i> - AR / TH 7:00-8:00 <i>The Andy Griffith Show</i> - TH
<b>23/30</b> 9:30-10:00 Daily Chronicle Delivery 10:00-11:00 Resident Stroll - CY 11:00-12:00 Worship Services-Residents' Choice 2:00-3:00 Pen Pal Hour Delivery/Submissions 3:00-5:00 Movie: Gene Kelly in: <i>On the Town</i> - 4L	<b>24/31</b> <b>National Trail Mix Day</b> 10:00-11:00 Trivia Contest Delivery 11:00-12:00 Seated Exercise - AR 1:00-2:00 Reading & Writing for Pleasure - 4L 2:00-2:30 Knit & Crochet Club - 4L 3:00-4:00 Tea and Current Events - AR 6:30-7:00 <i>The Doris Day Show</i> - 4L 7:00-9:00 Movie: <i>In Old California</i> - 4L	<b>25</b> 10:00-10:30 Daily Chronicle Delivery & Activity Cart 10:30-11:00 Zoom Exercise - AR 1:00-1:30 Resident Stroll - L / CY 2:00-2:30 Bingo - GR 3:00-3:30 Flexibility - AR 3:30-4:00 <i>When Calls the Heart</i> - 4L 4:00-5:00 Music Favorites - 4L / AR	<b>26</b> <b>National Dog Day</b> 10:00-11:00 Crossword Delivery 11:00-11:30 Seated Exercise - AR 11:30-12:00 Bible Study with Dave Devotional Delivery 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Muscle Relaxation - AR 3:30-4:30 Let's Learn: <i>Conspiracy Theories: Faking the Moon Landing</i> - 4L	<b>27</b> 10:00-10:30 Daily Chronicle Delivery 10:30-11:00 Zoom Exercise - AR 1:00-2:00 Resident Stroll - L / CY 3:00-3:30 Chair Yoga - AR 3:30-5:00 Let's Learn: <i>Discovering Lana Turner</i> - 4L 7:00-9:00 Movie Classic: Lana Turner in: <i>The Bad and the Beautiful</i> - 4L	<b>28</b> 10:00-11:00 Word Search of the Day & Activity Cart 11:00-11:30 Seated Tai Chi - AR 2:00-3:00 Hydration & Snack Cart 3:00-3:30 Moovin and Groovin - AR 4:30-5:30 Book Club - CY 7:00-9:00 Action / Western Movie: <i>A Night in Old Mexico</i> - 4L	<b>29</b> 9:30-10:00 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 11:00-12:00 Arts & Crafts Creations: Painted Pots-Part 1 - AR 2:00-3:00 Bingo - GR 3:30-5:30 Movie & Popcorn: <i>Road to Bali</i> - AR / TH 7:00-8:00 <i>The Andy Griffith Show</i> - TH

Location Key: AR--Activity Room 4L--4TH Floor Lounge GR--Game Room L--Lobby CY--Courtyard TH--Theater R--Restaurant