

# September 2021

# Linden House Assisted Living at Branchlands

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;"> <i>by all these lovely</i> <small>TOKENS</small>  <b>september</b> <small>DAYS ARE HERE</small>  <small>WITH SUMMER'S BEST OF</small> <i>weather</i>  <small>AND</small> <b>autumn's</b> <i>best of cheer.</i>  <small>(B.J. Jackson)</small> </p> 						
<b>5</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Stretch & Strengthen - AR 11:00-12:00 Worship Livestream - TH 2:00-3:00 <i>Atlantic: A Year in the Wild</i> - TH 3:00-3:45 Sunday Series: <i>Snowy River: The McGregor Saga</i> EP. 6 - 4L 7:00-9:15 Sunday Sports Movie: <i>Million Dollar Baby</i>	<b>6</b> <b>Labor Day</b> <b>National Read A Book Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Ageless Grace Exercise - AR 1:30-2:30 Card Crafting Club - AR 2:30-3:30 Current Events - AR 3:30-5:00 <i>Virgin River</i> - TH 5:00-7:00 Crossword Pick-Up - R 7:00-9:15 Featured Actress Sandra Bullock in: <i>The Net</i> - 4L	<b>7</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 10:45-12:00 Lidl & Big Lots - L 2:00-3:00 Bingo - GR 3:00-4:30 Based on a True Story: <i>Evelyn</i> - TH 7:00-8:30 Dramatic Cinema: <i>Midnight Sun</i> - 4L	<b>1</b> 10:00-10:30 Seated Yoga - AR 10:30-11:30 Music Listening - AR 11:30-12:00 Bible Study with Dave Delivery - RA 1:30-2:00 Garden Care - CY 2:00-3:00 Social Hour - AR 3:00-4:30 Let's Learn: <i>The Eastwood Factor: Extended Version</i> - TH 7:00-9:00 <i>The Outlaw Josey Wales</i> - 4L	<b>2</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 2:00-3:00 Scrabble - 4L 3:00-3:30 Let's Make: White Chocolate Party Mix - AR 3:30-5:00 Let's Learn: <i>The Amazing World of Aviation Series: Part 1 Stardust</i> - 4L	<b>3</b> 10:00-10:45 Seated Exercise - AR 10:45-12:00 Shopping: Kroger & Bed Bath & Beyond - L 2:00-3:00 Book Club - GR 3:00-4:00 Crafter's Corner - AR 4:00-4:45 <i>Victoria</i> - TH 7:00-8:45 Friday Funnies: <i>The Bucket List</i> - 4L	<b>4</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Core Fitness Exercise - AR 2:00-3:00 Bingo - GR 3:00-3:30 Garden Club: Flower Arranging - R 3:30-5:00 Movie & Popcorn: <i>Before All Others</i> - TH 7:00-8:30 Saturday Suspense: <i>Next</i> - 4L
<b>12</b> <b>National Assisted Living Week</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Stretch & Strengthen - AR 11:00-12:00 Worship Livestream - TH 2:00-3:00 <i>Atlantic: A Year in the Wild</i> - TH 3:00-3:45 Sunday Series: <i>Snowy River: The McGregor Saga</i> EP. 7 - 4L 7:00-8:30 Sunday Sports Movie: <i>Spirit of the Game</i> - 4L	<b>13</b> <b>National Peanut Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Ageless Grace Exercise - AR 1:30-2:30 Card Crafting Club - AR 2:30-3:30 Current Events - AR 3:30-5:00 <i>Virgin River</i> - TH 5:00-7:00 Word Search Pick-Up - R 7:00-8:45 Featured Actress Sandra Bullock in: <i>The Lake House</i> - 4L	<b>14</b> <b>National Cream Filled Donut Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Zoom Exercise with Antje - AR 10:45-12:00 Shopping: Target & Harris Teeter - L 2:00-3:00 Bingo - GR 3:30-5:15 Based on a True Story: <i>Sarah's Key</i> - TH 7:00-9:00 Dramatic Cinema: <i>City of Angels</i> - 4L	<b>15</b> 10:00-10:30 Seated Yoga - AR 10:45-11:30 Music Listening - AR 11:30-12:00 Bible Study with Dave Delivery - RA 2:00-3:00 <b>Encompass Home Health Topic: Pain Management</b> - AR 3:30-5:00 Let's Learn: <i>Chonda Pierce: Laughing in the Dark</i> - TH 7:00-9:00 Western: <i>The Searchers</i> - 4L	<b>16</b> <b>Mayflower Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Zoom Exercise with Antje - AR 11:00-12:00 Mini-Golf & Horseshoes - CY 2:00-3:00 Scrabble - 4L 3:00-3:30 Let's Make: Sausage Balls - AR 3:30-5:00 Let's Learn: <i>The Amazing World of Aviation Series: Part 3 Water for Elephants</i> - 4L	<b>17</b> <b>National Apple Dumpling Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 10:45-11:45 Music Listening - AR 2:00-3:00 Book Club - GR 3:00-4:00 Crafter's Corner - AR 4:00-4:45 <i>Victoria</i> - TH 7:00-9:00 Friday Funnies: <i>Miss Congeniality</i> - 4L	<b>18</b> <b>Air Force Birthday</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Core Fitness Exercise - AR 2:00-3:00 Bingo - GR 3:00-3:30 Garden Club: Flower Arranging - R 3:30-5:15 Movie & Popcorn: <i>Fools Rush In</i> - TH 7:00-9:15 Saturday Suspense: <i>Bridge of Spies</i> - 4L
<b>19</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Stretch & Strengthen - AR 11:00-12:00 Worship Livestream - TH 2:00-3:00 <i>Atlantic: A Year in the Wild</i> - TH 3:00-3:45 Sunday Series: <i>Snowy River: The McGregor Saga</i> EP. 8 - 4L 7:00-9:00 Sunday Sports Movie: <i>Leatherheads</i> - 4L	<b>20</b> <b>National Pepperoni Pizza Day</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Ageless Grace Exercise - AR 1:30-2:30 Card Crafting Club - AR 2:30-3:30 Current Events - AR 3:30-5:00 <i>Virgin River</i> - TH 5:00-7:00 Crossword Pick-Up - R 7:00-8:45 Featured Actress Sandra Bullock in: <i>The Proposal</i> - 4L	<b>21</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Zoom Exercise with Antje - AR 10:45-12:00 Shopping: Belk & Food Lion - L 2:00-3:00 Bingo - GR 3:00-4:00 <b>"Be Hip, Don't Slip!" with Genesis Rehab</b> - GR 7:00-8:45 Dramatic Cinema: <i>Nights in Rodanthe</i> - 4L	<b>22</b> <b>National Ice Cream Cone Day</b> 10:00-10:30 Seated Yoga - AR 10:45-11:15 <b>Book Mobile</b> - L 2:00-2:45 <b>Piano Performance: Shirley Fleishman</b> - 4L 3:00-4:00 Social Hour & Ice Cream Cones - AR 4:00-5:00 Let's Learn: <i>American Experience: Tesla</i> - TH 7:00-9:00 Western: <i>The Missouri Breaks</i> - 4L	<b>23</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Zoom Exercise with Antje - AR 11:00-12:00 Scrabble - 4L 1:00-3:30 <b>Outing: Carter Mountain Orchard &amp; Country Store</b> - L 3:30-5:00 Let's Learn: <i>The Amazing World of Aviation Series: Part 4 The Blind Side</i> - 4L	<b>24</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 10:45-11:45 Music Listening - AR 2:00-3:00 Book Club - GR 3:00-4:00 Crafter's Corner - AR 4:00-4:45 <i>Victoria</i> - TH 7:00-8:45 Friday Funnies: <i>The Four Seasons</i> - 4L	<b>25</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Core Fitness Exercise - AR 2:00-3:00 Bingo - GR 3:00-3:30 Garden Club: Flower Arranging - R 3:30-5:15 Movie & Popcorn: <i>Fatherhood</i> - 4L 7:00-8:30 Saturday Suspense: <i>Perfect Plan</i> - 4L
<b>26</b> <b>National Pancake Day</b> 10:00-10:30 Daily Chronicle Delivery 10:00-10:45 Stretch & Strengthen - AR 11:00-12:00 Worship Livestream - TH 2:00-3:00 <i>Atlantic: A Year in the Wild</i> - TH 3:00-3:45 Sunday Series: <i>Snowy River: The McGregor Saga</i> EP. 9 - 4L 7:00-8:30 Sunday Sports Movie: <i>The Fight Within</i> - 4L	<b>27</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Seated Exercise - AR 1:30-2:30 Card Crafting Club - AR 2:30-3:30 Current Events - AR 3:30-5:00 <i>Virgin River</i> - TH 5:00-7:00 Word Search Pick-Up - R 7:00-8:45 Featured Actress Sandra Bullock in: <i>Two Weeks Notice</i> - 4L	<b>28</b> 9:00-9:30 Daily Chronicle Delivery 10:00-10:45 Zoom Exercise with Antje - AR 10:45-12:00 Shopping: Trader Joe's - L 1:30-2:30 Bingo - GR 2:30-3:30 <b>Nashville Standard Presents</b> - R 3:30-5:00 <i>Ephraim's Rescue</i> - R 7:00-8:45 Dramatic Cinema: <i>The Iron Lady</i> - 4L	<b>29</b> <b>National Coffee Day</b> <b>VFW Day</b> 10:00-10:30 Ageless Grace Exercise - AR 10:30-11:30 <b>Carnegie the Therapy Dog</b> - RA 11:30-12:00 Bible Study with Dave Delivery - RA 1:30-2:00 Garden Care - CY 2:00-3:00 Social Hour & Coffee - AR 3:00-4:30 Let's Learn: <i>Teague: Design &amp; Beauty</i> - TH 7:00-9:30 Western: <i>Cimarron</i> - 4L	<b>30</b> <b>National Hot Mulled Cider Day</b> 9:00-10:00 <b>Blood Pressure Clinic</b> - RA 10:00-10:45 Zoom Exercise with Antje - AR 11:00-12:00 Mini-Golf & Horseshoes - CY 2:00-3:00 Scrabble - 4L 3:00-3:30 Let's Make: Caramel Apple Bites - AR 3:30-5:00 Let's Learn: <i>The Amazing World of Aviation Series: Part 5 Something the Lord Made</i> - 4L		

Location Key: AR--Activity Room RA--Resident Apartments 4L--4TH Floor Lounge GR--Game Room L--Lobby CY--Court yard TH--Theater R--Restaurant