

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key for locations AR-Activity Room LL-Lower Level GR-Game Room 4L-Fourth Floor Lounge TH-Movie Theater R-Restaurant L-Lobby PD-Private Dining Room CY-Courtvard	1 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L AR 2:00-3:00 Patriotic Craft AR 3:30-5:00 Western Movie: Harriet TH 6:30-7:30 Documentary with Dave TH	2 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 1:30-2:30 Nashville Standard 4L 3:00-4:00 Bingo GR 7:00-8:30 True Story Movie: Wonder TH	3 10:00-10:30 Exercise AR 11:00-12:00 Fried Tomatoes AR 2:00-3:00 Birthday Party AR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave TH	4 10:00-10:30 Noodle Ball AR 10:30-11:00 Independence Trivia AR 2:00-3:00 Apple Pie Social AR 7:00-8:00 Sandlot Movie & Popsicle's AR	5 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits AR 2:00-3:00 All American Happy Hour CY 7:00-8:30 Friday Night Comedy: The Benchwarmers TH	6 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Action Movie Matinee: Interception TH 7:00-8:30 Romance Comedy Movie: The Wedding Planner TH
	Canada Day			Independence Day (US)		
7 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Church Services with Jefferson Park Baptist Church 4L TH 3:30-4:30 Heartland TV Series TH 7:00-8:30 Heartfelt Movie: Tysons's Run TH	8 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L 2:00-3:00 Card Crafting with Blue Berry Smoothies AR 3:30-5:00 Romance Comedy Purple Hearts TH 6:30-7:30 Documentary with Dave TH	9 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 2:00-3:00 Bingo GR 3:30-4:30 Pina Colada Cocktail Social R 7:00-8:30 True Story Movie: King Richard TH	10 AR L 10:00-10:30 Exercise 10:45-11:15 Book Mobile 10:45-11:45 Therapy Dog-Lola 11:00-12:00 Round Table Support Group- Dementia 3 of 3 Series presented by Ashely Poe with PowerBack 4L 1:00-2:00 Hearing at Home TH 2:00-3:00 Scrabble & Games GR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave TH	11 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 11:30-3:00 Lunch Outing: Burton's Grill 3:30-4:30 Hand & Nail Spa 7:00-8:30 Heartfelt Movie: I Used to be Famous TH	12 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits AR 2:00-3:00 Hymns with Hunter 4L 3:30-4:30 Wine & Chocolate Pairing CY 7:00-8:30 Friday Night Comedy: Me Time TH	13 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Action Movie Matinee: Ice Road TH 7:00-8:30 Romance Comedy Movie: Stolen Vacation TH
14 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Current Events Discussion GR 3:30-4:30 Heartland TV Series TH 7:00-8:30 Heartfelt Movie: A Cowgirls TH	15 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L AR 2:00-3:00 Cow Party AR 3:30-5:00 Classic Movie Benji TH 6:30-7:30 Documentary with Dave TH	16 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 2:00-3:00 Bingo GR 7:00-8:30 Inspiring Heartfelt Movie: Dumplin TH	17 10:00-10:30 Exercise AR 11:00-12:00 Making Peach Ice Cream AR 2:00-3:00 Spoons Card Games GR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave TH	18 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 1:30-3:30 Carter Mountain Peach Outing AR 3:30-5:00 Voting Preparations 4L 7:00-9:00 Jefferson Jazz Jammers 4L	19 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits AR 1:30-2:30 Happy Hour Daiquiris and music by Mathew 4L AR 3:00-4:00 Making T-Shirts AR 7:00-8:30 Friday Night Comedy: Unfrosted TH	20 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Ice Cream Soda Bingo GR 3:30-5:00 Action Classis Movie Matinee: Airport 75 TH 7:00-8:30 Romance Comedy Movie: Rich In Love TH
21 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Ice Cream Sundae Bar AR 3:30-4:30 Heartland TV Series TH 7:00-8:30 Heartfelt Movie: Vicky & Her Mystery TH	22 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L AR 2:00-3:00 Card Crafting AR 3:30-5:00 Drama Movie The Miracle Club TH 6:30-7:30 Documentary with Dave TH	23 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 1:30-2:30 Music with Fritz 4L 3:30-4:30 Margarita Cocktail Social CY 7:00-8:30 Inspiring Story Movie: Happiness for Beginners TH	24 10:00-10:30 Exercise AR 10:45-11:15 Book Mobile L 2:00-3:00 Mexican Train Dominoes GR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave TH	25 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 11:30 Lunch Outing: Tim's at the Lake 3:30-4:30 Hand & Nail Spa 7:00-8:30 Western Movie: Montford The Chickasaw Rancher TH	26 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits AR 2:00-2:30 Linden House Torch Passing 3:00-4:00 Linden House Olympics Opening Ceremony 4L 7:00-8:30 Friday Night Comedy: Lift TH	27 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-4:30 Badminton Game GR 7:00-8:30 Romantic Comedy Movie: Love Again TH
28 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Parents Day Social 4L AR 3:30-4:30 Volleyball Game AR 7:00-8:30 Heartfelt Movie: Megan Leavey TH	29 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L AR 2:00-3:00 Wine & design AR 3:30-4:30 Basketball Game with PowerBack AR 6:30-7:30 Documentary with Dave TH	30 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 2:00-3:00 Bingo GR 3:30-4:30 Corn Hole With PowerBack CY 7:00-8:30 True Story Movie: Gran Turismo TH	31 10:00-10:30 Exercise AR 11:00-12:00 Making Pasta Salad AR 2:00-3:00 Afternoon Tea PD 3:00-4:00 Book Club 4L 3:30-4:30 Cycling Racing With PowerBack in therapy gym CY 6:30-7:30 Documentary with Dave TH	Linden House Assisted Living at Branchlands <h1>July 2024</h1> Activities subject to change without notice.		