

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p>2:00 – Pool Room Fun PR* 1 3:00 – Joker Cards &amp; Marbles Game LR* <b>4:00 – Sunday Social Hour CY/GR*</b></p>	<p><b>LABOR DAY</b>  THANK YOU FOR YOUR HARD WORK ALL OFFICES, INCLUDING TRANSPORTATION, HOUSEKEEPING, AND DINING, ARE CLOSED TODAY. Labor Day</p>	<p><b>1:00 – Arts &amp; Crafts: Autumn Trees Q-tip Painting ACR 3</b> 1:00 – Bridge ACR* <b>3:00 – Happy Hour with Guitar Billy LR</b> 7:00 – Poker LR*</p>	<p>9:45 – Walking Wednesdays Club MHHE* 4 12:00 – Mindful Meditation with Blossom LR <b>1:00 – “Ice Cream Sandwich Month” Social Hour FP/GR</b> 2:00 – Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 5 <b>1:00 – September Birthday Party FP/DR</b> 2:30 - Pokeno LR</p>	<p>11:00 – DVD CARDIO 2 LR 6 <b>10:30 – BUS TRIP: Three Notch’d Brewery &amp; Craft Kitchen in Nellysford, VA</b> 12:00 – Phase Ten ACR* 12:30 – Strengthening Exercises with Powerback Rehab LR <b>3:00 – Happy Hour with We Bring the Music</b></p>	<p>2:00 – Pool Room Fun PR* 7 3:00 – Mexican Train Dominos LR* <b>6:00 – Popcorn &amp; Movie Night LR*</b></p>
<p>2:00 – Pool Room Fun PR* 8 3:00 – Joker Cards &amp; Marbles Game LR* <b>4:00 – Sunday Social Hour CY/GR*</b></p>	<p>11:00 – DVD CARDIO 1 LR 9 12:00 – Strength &amp; Balance with Blossom LR 1:00 – Bridge/5:30 – Canasta R* <b>2:00 – Coffee &amp; Donuts Social Hour FP/GR</b> 3:00 – Mexican Train Dominos ACR*</p>	<p>1:00 – Bridge ACR* 10 <b>3:00 – Happy Hour featuring Vodka Cranberry and “America’s Heart &amp; Soul” Documentary LR</b> 7:00 – Poker LR*</p>	<p>9:45 – Walking Wednesdays Club MHHE* 11 <b>10:15 – Bookmobile MHHE</b> 2:00 – Bingo LR </p>	<p>10:00 - Pool Is Fun PR* 12 <b>1:00 Root Beer Float Social Hour FP/GR</b> 2:30 - Pokeno LR</p>	<p>11:00 – DVD CARDIO 2 LR 13 12:00 – Phase Ten ACR* 12:30 – Strengthening Exercises with Powerback Rehab LR <b>3:00 – Happy Hour with the Jeffersonland Chorus’ Barbershop Quartet LR</b></p>	<p>2:00 – Pool Room Fun PR* 14 3:00 – Mexican Train Dominos LR* <b>6:00 – Popcorn &amp; Movie Night LR*</b></p>
<p>2:00 – Pool Room Fun PR* 15 3:00 – Joker Cards &amp; Marbles Game LR* <b>4:00 – Sunday Social Hour CY/GR*</b></p>	<p>11:00 – DVD CARDIO 1 LR 16 12:00 – Strength &amp; Balance with Blossom LR <b>1:00 – “Be Hip- Don’t Slip: A talk about staying safe from falls” with Ashley Poe of Powerback Rehab LR</b> 1:00 – Bridge/5:30 – Canasta LR* 3:00 – Mexican Train Dominos ACR*</p>	<p>1:00 – Bridge ACR* 17 <b>3:00 – “International Country Music Day” Happy Hour featuring Bourbon Cowboy Cocktails &amp; Listening to Classic Country Music Favorites LR</b> 7:00 – Poker LR*</p>	<p>9:45 – Walking Wednesdays Club MHHE* 18 12:00 – Mindful Meditation with Blossom LR 2:00 – Bingo LR <b>3:00 – Indoor Putt-Putt Golf LR</b></p>	<p>10:00 - Pool Is Fun PR* 19 <b>1:00 – Monthly Neighbor Meet Up (Topic: First and/or Favorite Cars) GR/FP</b> 2:30 - Pokeno LR</p>	<p>11:00 – DVD CARDIO 2 LR 20 <b>11:30 – BUS TRIP: Lunch at Sam’s Kitchen</b> 12:00 – Phase Ten ACR* 12:30 – Strengthening Exercises with Powerback Rehab LR <b>3:00 – Happy Hour with Matthew O’Donnell LR</b></p>	<p>2:00 – Pool Room Fun PR* 21 3:00 – Mexican Train Dominos LR* <b>6:00 – Popcorn &amp; Movie Night LR*</b></p>
<p>2:00 – Pool Room Fun PR* 22 3:00 – Joker Cards &amp; Marbles Game LR* <b>4:00 – Sunday Social Hour CY/GR*</b></p>	<p>11:00 – DVD CARDIO 1 LR 23 12:00 – Strength &amp; Balance with Blossom LR 1:00 – Bridge/5:30 – Canasta LR* <b>1:00 – Arts &amp; Crafts: Halloween Wreath Making ACR</b> 3:00 – Mexican Train Dominos ACR*</p>	<p>1:00 – Bridge ACR* 24 <b>3:00 – Happy Hour with Fritz Horisk LR</b> 7:00 – Poker LR*</p>	<p>9:45 – Walking Wednesdays Club MHHE* 25 12:00 – Mindful Meditation with Blossom LR <b>1:00 – Art Salon Presents TBD</b> 2:00 – Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 26 <b>12:45 – Midday Matinee: “Jim Henson Idea Man” Documentary LR</b> 2:30 - Pokeno LR</p>	<p>11:00 – DVD CARDIO 2 LR 27 12:00 – Phase Ten ACR* 12:30 – Strengthening Exercises with Powerback Rehab LR <b>2:30 – Oktoberfest Happy Hour Party LR</b></p>	<p>2:00 – Pool Room Fun PR* 28 3:00 – Mexican Train Dominos LR* <b>6:00 – Popcorn &amp; Movie Night LR*</b></p>

2:00 – Pool Room Fun PR\* 29  
3:00 – Joker Cards & Marbles Game LR\*  
**4:00 – Sunday Social Hour CY/GR\***

11:00 – DVD CARDIO 1 LR 30  
**10:30 – BUS TRIP: Dickie Brothers Orchard & Lunch at Vito’s Pizza Bar & Grill**  
12:00 – Strength & Balance with Blossom LR  
1:00 – Bridge LR\*  
3:00 – Mexican Train Dominos ACR\*

# September 2024

*Welcome Fall!*

Location Key: DR – Dining Room, GR – Green Room, MHHE – Manor House Handicapped Entrance, LR – Langman Room, ACR – Arts & Crafts Room, SC – Sargent Connector, FP – Front Porch, CY – Courtyard, PDR- Private Dining Room

\*Asterisk marked items are resident run activities