

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2024

**Linden House
Assisted Living at
Branchlands**

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|--|
| | | 1 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 1:30-2:30 Music by Nashville Standard 4L 3:00-4:00 Bingo GR 7:00-8:30 Inspiring Family Movie: Blue Miracle with Dennis Quaid TH | 2 10:00-10:30 Exercise AR 11:00-12:00 Activity Meeting 4L 2:00-3:00 Birthday Party AR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave 4L Rosh Hashanah Begins | 3 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 2:00-3:00 Voting Preparations AR 3:00-4:30 Hand & Nail Spa 4L 7:00-8:30 Inspiring Faith Movie: Nothing to Lose 4L | 4 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits 2:00-3:00 Happy Hour music by "We Bring the Music- Eddie & Ayuko White" 4L 7:00-8:30 Friday Night Comedy: Logan Lucky with Channing Tatum 4L | 5 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Inspiring Movie Matinee: Megan Leavey TH 7:00-8:30 Romantic Movie: The Holiday in the Wild with Rob Lowe TH |
| 6 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Church Services with Jefferson Park Baptist Church 4L 3:30-4:30 Heartland S3 E 9&10 TH 7:00-8:30 Inspiring Bittersweet Drama Movie: Journey to Grace The Hansie Cronje Story TH | 7 10:00-10:45 Movement Video with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L 2:00-3:00 Menu Chat 4L 6:30-7:30 Documentary with Dave 4L | 8 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 2:00-3:00 Bingo GR 3:30-4:30 Cocktail Social R 7:00-8:30 Drama Based on Real Life Movie: Seven Years Tibet with Brad Pitt TH | 9 10:00-10:30 Exercise AR 10:00-12:00 League of Women's Voter's Meeting GR 10:45-11:15 Book Mobile L 10:45-11:45 Therapy Dog Lola Visits 11:00-12:00 Round Table Talk-Nutrition Ashley Poe, PowerBack 4L 1:00-2:00 Hearing at Home TH 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave 4L | 10 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 11:30-3:30 Lunch Outing: Castello Italian Restaurant 7:00-8:30 Feel Good Inspiring Movie: The Secret Dare to Dream with Katie Holmes TH | 11 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits 2:00-3:00 Hymns with Hunter 4L 7:00-8:30 Friday Goofy Western Movie: The Ridiculous 6 with Adam Sandler TH Yom Kippur Begins | 12 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Charming Feel Good Movie Matinee: Terminal with Tom Hanks & Catherine Zeta-Jones TH 7:00-8:30 Exciting Drama Heist Movie: The Coin Heist TH |
| 13 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Mexican Train Dominos GR 3:30-4:30 Heartland S3 E 11&12 TH 7:00-8:30 Heartfelt, Inspiring, Feel Good Drama Movie: Bank of Dave TH | 14 10:00-10:45 Movement Video with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L 2:00-3:00 Resident Council Meeting 4L 6:30-7:30 Documentary with Dave 4L Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US) | 15 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 1:30-2:30 Bingo 3:00-4:00 Music by "Just Friends" 4L 7:00-8:30 Sentimental Emotional Movie: Field of Dreams with Kevin Costner TH | 16 10:00-10:30 Exercise AR 12:00-12:30 Fall Festival Lunch PL 12:30-1:30 Music by Billy Brockman PL 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave 4L Sukkot Begins | 17 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 1:30-3:30 Outing: Lazy Daisy Ceramics 4:00-5:00 Hand & Nail Spa 4L 7:00-9:00 Jefferson Jazz 4L | 18 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits 1:30-2:30 Music with Fritz 4L 7:00-8:30 Friday Night Action Comedy: The Rundown with Dwayne Johnson TH | 19 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Inspiring Movie Matinee: The Long Game with Dennis Quaid TH 7:00-8:30 Rousing, Inspiring Bittersweet Comedy Movie: Greater with Neal McDonald & Leslie Easterbrook TH |
| 20 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Board Games GR 3:30-4:30 Heartland S3 E 13&14 TH 7:00-8:30 Nostalgic Bittersweet Emotional Movie: Kodachrome with Harris & Jason Sudeikis TH | 21 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L 2:00-3:00 Cards/Craft Project AR 3:30-4:30 Cooking Demo AR 6:30-7:30 Documentary with Dave 4L | 22 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 1:30-2:30 Music from Mathew 4L 3:00-4:00 Bingo GR 7:00-8:30 Bittersweet Intimate Heartfelt Movie: Forgotten Love TH | 23 10:00-10:30 Exercise AR 10:45-11:15 Book Mobile L 2:00-3:00 Wine & Design AR 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave 4L Simchat Torah Begins | 24 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 11:30-3:30 Lunch Outing: Campfire Grill at Massanutten 7:00-8:30 Inspiring Heartfelt Romantic Movie: Dumplin with Jennifer Aniston TH | 25 10:00-10:30 Exercise AR 11:00-12:00 One On One Room Visits 2:00-3:00 October Fest Happy Hour R 7:00-8:30 Friday Night Heartfelt Romantic Movie: Falling for Figaro with Danielle MacDonald TH | 26 10:00-10:30 Seated Exercise AR 10:00-12:00 Bridge Club GR 2:00-3:00 Bingo GR 3:30-5:00 Emotional Movie Matinee: The Son with Hugh Jackman & Laura Dern TH 7:00-8:30 Nostalgic, Understated, Drama Movie: The Worlds Fastest Indian with Anthony Hopkins & Diane Ladd TH |
| 27 10:00-10:30 Morning Stretch AR 11:00-11:30 Worship Service GR 2:00-3:00 Card Games GR 3:30-4:30 Heartland S3 E 15&16 TH 7:00-8:30 Feel Good Inspiring Period Peace Movie: RACE with Stephan James TH | 28 10:00-10:45 Movement with Sheila AR 11:00-12:00 Music Therapy with Lindsay 4L 2:00-3:00 Cards/Art Project AR 3:30-4:30 Pictionary AR 6:30-7:30 Documentary with Dave 4L | 29 10:00-10:30 Exercise AR 10:30-11:00 Muscle Strengthening AR 2:00-3:00 Bingo GR 3:30-4:30 Meet & Greet seating area across from restaurant 7:00-8:30 Inspiring Heartfelt Movie: A Beautiful Life TH | 30 10:00-10:30 Exercise AR 10:45-11:15 Book Mobile L 2:00-3:00 Afternoon Tea R 3:00-4:00 Book Club 4L 6:30-7:30 Documentary with Dave 4L | 31 10:00-10:30 Exercise AR 10:30-11:00 Flower Arranging R 2:00-3:00 Halloween Party AR 3:30-4:30 Trick or Treating 4L 7:00-8:30 Goofy Horror Comedy Movie: We Have a Ghost TH Halloween | AR-Activity Room LL Lower Level GR-Game Room 4L-Fourth Floor Lounge TH-Movie Theater, PL-Parking Lot out front R-Restaurant, L-Lobby, PD-Private Dining Room, CY-Courtyard. Activities subject to change without notice. | |