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|   | Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|   | 1:00 – Casual Birdwatching in the Courtyard* 2:00 – Pool Room Fun PR*  | 11:00 – DVD CARDIO LR 12:00 – Strength & Balance with Blossom LR 1:00 – Ice Cream Sundae Social FP/GR 1:00 – Bridge/5:30 – Canasta LR*                               | 3:00 – Happy Hour with<br>Me & Martha LR<br>7:00 – Poker LR*                 | 11:00 – DVD CARDIO LR 12:00 – Mindful Meditation with Blossom LR 3:00 – Bingo LR  June is "National Safety Month" – stop by the parlor today to pick up some great information about keeping seniors safe!  | 10:00 - Pool Is Fun PR*  11:00 - Strength & Balance with Blossom LR  1:00 - June Birthday Party FP/DR  2:00 - Pokeno LR   | 12:30 – Strengthening Exercises with Powerback Rehab LR  11:00 – BUS TRIP: Hazy Mountain Vineyard & Brewery  1:00 – Phase Ten ACR*  3:00 – Happy Hour with Marci K on Piano: special thanks to We Bring the Music LR | 11:00 – Walking Club MHHE* 7<br>2:00 – Pool Room Fun PR*<br>3:00 – Mexican Train<br>Dominos LR*<br>6:00 – Popcorn &<br>Movie Night LR*  |
|   | 1:00 – Casual Birdwatching in the Courtyard* 2:00 – Pool Room Fun PR*  | 11:00 – DVD CARDIO LR<br>12:00 – Strength & Balance<br>with Blossom LR<br>1:00 – Arts & Crafts:<br>Flag Day Mini Wreath ACR<br>1:00 – Bridge/5:30 – Canasta LR*      | 3:00 – Happy Hour with Judy<br>Garland Facts & Trivia LR<br>7:00 – Poker LR* | 10:15 – Bookmobile MHHE 11:00 – Walking Club MHHE* 11:00 – DVD CARDIO LR 12:00 – Mindful Meditation with Blossom LR 3:00 – Bingo LR  In honor of Father's Day this weekend, wear your favorite ball cap or plaid shirt today!   | 10:00 - Pool Is Fun PR*<br>11:00 - Strength & Balance<br>with Blossom LR<br>1:00 - Midday Matinee:<br>"Einstein & The Bomb"<br>Documentary LR<br>2:00 - Pokeno LR | 12:30 – Strengthening Exercises with Powerback Rehab LR 1:00 – Phase Ten ACR* 3:00 – Father's Day Happy  | 11:00 – Walking Club MHHE* <b>14</b> 2:00 – Pool Room Fun PR* 3:00 – Mexican Train Dominos LR* 6:00 – Popcorn & Movie Night LR*         |
|   | 1:00 – Casual Birdwatching<br>in the Courtyard*<br>2:00 – Pool Room Fun PR*  | 11:00 – DVD CARDIO LR<br>12:00 – Strength & Balance<br>with Blossom LR<br>1:00 – "National Fudge Day"<br>Make Your Own Fudge ACR<br>1:00 – Bridge/5:30 – Canasta LR* | · 1/1D   | 11:00 — Walking Club MHHE*18 11:00 — DVD CARDIO LR 12:00 — Mindful Meditation with Blossom LR 3:00 — Bingo LR  June is "Iced Tea Month" so come by the dining room today starting at noon for a delicious cup of sweet or unsweet Iced Sun Tea! (while supplies last) | 10:00 - Pool Is Fun PR*<br>11:00 - Strength & Balance<br>with Blossom LR<br>12:45 - Arts & Crafts:<br>Summer Door Sign ACR<br>2:00 - Pokeno LR                    | 10:30 – BUS TRIP: Yoder's Country Market and Lunch at Tony's Diner & Restaurant 12:30 – Strengthening Exercises with Powerback Rehab LR  | 11:00 – Walking Club MHHE* 21<br>2:00 – Pool Room Fun PR*<br>3:00 – Mexican Train<br>Dominos LR*<br>6:00 – Popcorn &<br>Movie Night LR* |
|   | in the Courtyard* 2:00 – Pool Room Fun PR*   | 11:00 – DVD CARDIO LR 12:00 – Strength & Balance with Blossom LR 1:00 – Monday Matinee: "Apollo 13 Survival"  Documentary LR 1:00 – Bridge/5:30 – Canasta LR*        | Fritz Horisk FP/LR   | 10:15 – Bookmobile MHHE 11:00 – Walking Club MHHE* 11:00 – DVD CARDIO LR 12:00 – Mindful Meditation with Blossom LR 1:00 – Art Salon ACR / 3:00 – Bingo LR  Celebrate "T-Shirt Month" by wearing your favorite t-shirt today!   | Juneteenth  10:00 - Pool Is Fun PR*  11:00 - Strength & Balance with Blossom LR   | 12:15 – BUS TRIP: CBS19 Charlottesville News Station Tour 12:30 – Strengthening Exercises with Powerback   | 11:00 – Walking Club MHHE* 28<br>2:00 – Pool Room Fun PR*<br>3:00 – Mexican Train<br>Dominos LR*<br>6:00 – Popcorn &<br>Movie Night LR* |
|   |  | 11:00 – DVD CARDIO LR<br>12:00 – Strength & Balance<br>with Blossom LR<br>1:00 – Salad Bar Social FP/DR  |  | T   |   |  |   |

June 2025

Sweet, sweet summertime...

1:00 – Salad Bar Social FP/DR

1:00 - Bridge/5:30 - Canasta LR\*

2:00 - Pool Room Fun PR\*