

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2025

*"Where flowers bloom, so does hope." - Lady Bird Johnson*

<p>10:00 - Walking Club MHHE* 2:00 - Scrabble LR* 1:00 - Casual Birdwatching in the Courtyard* 2:00 - Scrabble LR* 2:00 - Pool Room Fun PR* 4:00 - Sharing Short Stories &amp; Poems GR*</p>	<p>11:00 - DVD CARDIO LR 11:00 - Mexican Train Dominos ACR* 12:00 - Strength &amp; Balance with Blossom LR 1:00 - Cinco de Mayo Social FP/DR 1:00 - Bridge/5:30 - Canasta LR*</p>	<p>1:00 - Bridge ACR* 12:30 - Coloring &amp; Conversation DR 3:00 - Spring into Summer with Happy Hour TV Trivia LR 7:00 - Poker LR*</p>	<p>11:00 - Walking Club MHHE* 11:00 - DVD CARDIO LR 12:00 - Mindful Meditation with Blossom LR 3:00 - Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 12:00 - Annual "Run for the Roses" Kentucky Derby Party FPL</p>	<p>11:00 - DVD CARDIO LR 11:00 - Scrabble ACR 12:30 - Strengthening Exercises with Powerback Rehab LR 1:00 - Phase Ten ACR* 3:00 - Happy Hour with the Stephanie Nakasian Trio: special thanks to We Bring the Music LR</p>	<p>11:00 - Walking Club MHHE* 12:00 - Yahtzee LR* 2:00 - Pool Room Fun PR* 3:00 - Mexican Train Dominos LR* 6:00 - Popcorn &amp; Movie Night LR*</p>
<p>10:00 - Walking Club MHHE* 2:00 - Scrabble LR* 1:00 - Casual Birdwatching in the Courtyard* 2:00 - Scrabble LR* 2:00 - Pool Room Fun PR* 4:00 - Sharing Short Stories &amp; Poems GR*</p>	<p>11:00 - DVD CARDIO LR 11:00 - Mexican Train Dominos ACR* 12:00 - Strength &amp; Balance with Blossom LR 1:00 - Cinco de Mayo Social FP/DR 1:00 - Bridge/5:30 - Canasta LR*</p>	<p>1:00 - Bridge ACR* 12:30 - Coloring &amp; Conversation DR 3:00 - Spring into Summer with Happy Hour TV Trivia LR 7:00 - Poker LR*</p>	<p>11:00 - Walking Club MHHE* 11:00 - DVD CARDIO LR 12:00 - Mindful Meditation with Blossom LR 3:00 - Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 1:00 - May Birthday Party FP/DR 2:00 - Pokeno LR</p>	<p>11:00 - DVD CARDIO LR 11:00 - Scrabble ACR 12:30 - Strengthening Exercises with Powerback Rehab LR 1:00 - Phase Ten ACR* 3:00 - Mother's Day Happy Hour Celebration - all are welcome! LR</p>	<p>11:00 - Walking Club MHHE* 12:00 - Yahtzee LR* 2:00 - Pool Room Fun PR* 3:00 - Mexican Train Dominos LR* 6:00 - Popcorn &amp; Movie Night LR*</p>
<p>10:00 - Walking Club MHHE* 2:00 - Scrabble LR* 1:00 - Casual Birdwatching in the Courtyard* 2:00 - Scrabble LR* 2:00 - Pool Room Fun PR* 4:00 - Sharing Short Stories &amp; Poems GR*</p>	<p>11:00 - DVD CARDIO LR 11:00 - Mexican Train Dominos ACR* 12:00 - Strength &amp; Balance with Blossom LR <b>12:15 - BUS TRIP: CBS19 Charlottesville News Station Tour</b> 1:00 - Bridge/5:30 - Canasta LR*</p>	<p>1:00 - Bridge ACR* 12:30 - Coloring &amp; Conversation DR 1:00 - Armchair Travels: Walt Disney World LR 3:00 - Happy Hour FP/LR 7:00 - Poker LR*</p>	<p>10:15 - Bookmobile MHHE 11:00 - Walking Club MHHE* 11:00 - DVD CARDIO LR 12:00 - Mindful Meditation with Blossom LR 3:00 - Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 11:30 - Strength &amp; Balance with Blossom LR 12:45 - "Dandelion Month" Arts &amp; Crafts: Make Your Own Dandelion Planter ACR 2:00 - Pokeno LR</p>	<p>11:00 - DVD CARDIO LR 11:00 - Scrabble ACR 12:30 - Strengthening Exercises with Powerback Rehab LR 1:00 - Phase Ten ACR* 3:00 - Happy Hour with Matthew O'Donnell LR</p>	<p>11:00 - Walking Club MHHE* 12:00 - Yahtzee LR* 2:00 - Pool Room Fun PR* 3:00 - Mexican Train Dominos LR* 6:00 - Popcorn &amp; Movie Night LR*</p>
<p>10:00 - Walking Club MHHE* 2:00 - Scrabble LR* 1:00 - Casual Birdwatching in the Courtyard* 2:00 - Scrabble LR* 2:00 - Pool Room Fun PR* 4:00 - Sharing Short Stories &amp; Poems GR*</p>	<p>11:00 - DVD CARDIO LR 11:00 - Mexican Train Dominos ACR* 12:00 - Strength &amp; Balance with Blossom LR 1:00 - Nature Knowledge with Nancy Newman LR 1:00 - Bridge/5:30 - Canasta LR*</p>	<p>1:00 - Bridge ACR* 12:30 - Coloring &amp; Conversation DR <b>1:00 - "Thrifty Tuesday" BUS TRIP: Goodwill &amp; SPCA Rummage Store</b> 3:00 - "Military Appreciation Month" Happy Hour with Military Trivia FP/LR 7:00 - Poker LR*</p>	<p>11:00 - Walking Club MHHE* 11:00 - DVD CARDIO LR 12:00 - Mindful Meditation with Blossom LR 3:00 - Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 11:30 - Strength &amp; Balance with Blossom LR 12:00 - Memorial Day Luncheon DR 2:00 - Pokeno LR</p>	<p>11:00 - DVD CARDIO LR 11:00 - Scrabble ACR 12:30 - Strengthening Exercises with Powerback Rehab LR 1:00 - Phase Ten ACR* 3:00 - Happy Hour with "Best of Military Flyovers &amp; Armed Forces Medleys" LR</p>	<p>11:00 - Walking Club MHHE* 12:00 - Yahtzee LR* 2:00 - Pool Room Fun PR* 3:00 - Mexican Train Dominos LR* 6:00 - Popcorn &amp; Movie Night LR*</p>
<p>10:00 - Walking Club MHHE* 2:00 - Scrabble LR* 1:00 - Casual Birdwatching in the Courtyard* 2:00 - Scrabble LR* 2:00 - Pool Room Fun PR* 4:00 - Sharing Short Stories &amp; Poems GR*</p>	<p>All offices closed.</p> 	<p>1:00 - Bridge ACR* 12:30 - Coloring &amp; Conversation DR 3:00 - Happy Hour with Fritz Horisk FP/LR 7:00 - Poker LR*</p>	<p>10:15 - Bookmobile MHHE 11:00 - Walking Club MHHE* 11:00 - DVD CARDIO LR 12:00 - Mindful Meditation with Blossom LR 1:00 - Art Salon ACR / 3:00 - Bingo LR</p>	<p>10:00 - Pool Is Fun PR* 11:30 - Strength &amp; Balance with Blossom LR 12:45 - "Pattern Day" Arts &amp; Crafts ACR 2:00 - Pokeno LR</p>	<p>11:00 - DVD CARDIO LR 11:00 - Scrabble ACR 12:30 - Strengthening Exercises with Powerback Rehab LR 1:00 - Phase Ten ACR* 3:00 - Happy Hour with Adam Melia LR</p>	<p>11:00 - Walking Club MHHE* 12:00 - Yahtzee LR* 2:00 - Pool Room Fun PR* 3:00 - Mexican Train Dominos LR* 6:00 - Popcorn &amp; Movie Night LR*</p>