

October 2026

Linden House Memory Care at Branchlands

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00- Scenic Steps 9:30- Scarf Dancing w/ Deborah 10:00- Coffee & Conversation 11:00- Music with Lindsay 11:00- Pampered Hands 1:00- Rest & Relaxation 2:00- Women's Small Group 3:00- Autumn Collage Craft 4:00- Big Screen Trivia	2 9:00- Morning Garden Stroll 9:30- Gentle Chair Tai Chi 10:00- Mobile Café 11:00- Scenic Walk 1:00- Rest & Relaxation 2:00- Cozy Cinema Friday 3:30- Warm Sips & Paint 4:00- Golden Oldies	3 9:00- Chair Yoga 9:30- Saturday Sports Club 10:00- Hydrate & Nourish 11:00- Seasonal Craft 1:00- BINGO 2:00- Brain Pop Word Search 3:00- Mobile Café 4:00- TV Favorite Simchat Torah Begins
4 9:00- Good Morning Social 9:30-Hymns and Harmony 10:00- Bible Stories 10:30- Inspiration & Snack 11:00- Craft Corner 1:00- Rest & Relaxation 2:00- Gentlemen's Chat 3:00- Afternoon Table Talk 4:00- Music for the Soul Sunday	5 9:00- Morning Garden Stroll 9:30- Seated Scarf Exercise 10:00- Warm Cinnamon Muffins 11:00- Music with Carol 1:00- Rest & Relaxation 2:00- Monday Matinee 3:30- BINGO 4:00- Golden Oldies	6 9:00- Breathe with Nature 9:30- Music with Clara 10:30- Applesauce Tasting 11:00- Pumpkin Painting 1:00- Rest & Relaxation 2:00- Documentary Tuesday 3:30- Trivia & Warm Drinks 4:00- Golden Oldies	7 9:00- Chair Yoga 9:30- Balloon Ball 10:00- Cozy Social 11:00- Create & Decorate 1:00- Pampered Hands 2:00- Women's Small Group 3:00- Corn Hole 4:00- Music	8 9:00- Scenic Steps 9:30- Scarf Dancing w/ Deborah 10:00- Coffee & Conversation 11:00- Music with Lindsay 11:00- Pampered Hands 1:00- Rest & Relaxation 2:00- Women's Small Group 3:00- Fall Bean Mosaic 4:00- Brain Pop Word Search	9 9:00- Morning Garden Stroll 9:30- Gentle Chair Tai Chi 10:00- Mobile Café 11:00- Scenic Walk 1:00- Rest & Relaxation 2:00- Cozy Cinema Friday 3:30- Warm Sips & Paint 4:00- Golden Oldies	10 9:00- Chair Yoga 9:30- Saturday Sports Club 10:00- Hydrate & Nourish 11:00- Seasonal Craft 1:00- BINGO 2:00- Big Screen Trivia 3:00- Mobile Café 4:00- TV Favorite
11 9:00- Good Morning Social 9:30-Hymns and Harmony 10:00- Bible Trivia 10:30- Inspiration & Snack 11:00- Craft Corner 1:00- Rest & Relaxation 2:00- Gentlemen's Chat 3:00- Afternoon Table Talk 4:00- Music for the Soul Sunday	12 9:00- Morning Garden Stroll 9:30- Seated Scarf Exercise 10:00- Warm Pumpkin Bread 11:00- Music with Carol 1:00- Rest & Relaxation 2:00- Monday Matinee 3:30- BINGO 4:00- Golden Oldies Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:00- Breathe with Nature 9:30- Music with Clara 10:30- Caramel Apple Sampling 11:00- Fall Floral Arranging 1:00- Rest & Relaxation 2:00- Documentary Tuesday 3:30- Trivia & Warm Drinks 4:00- Golden Oldies	14 9:00- Chair Yoga 9:30- Balloon Ball 10:00- Cozy Social 11:00- Create & Decorate 1:00- Pampered Hands 2:00- Women's Small Group 3:00- Corn Hole 4:00- Music	15 9:00- Scenic Steps 9:30- Scarf Dancing w/ Deborah 10:00- Coffee & Conversation 11:00- Music with Lindsay 11:00- Pampered Hands 1:00- Rest & Relaxation 2:00- Women's Small Group 3:00- Painted Leaf Magnets 4:00- Big Screen Trivia	16 9:00- Morning Garden Stroll 9:30- Gentle Chair Tai Chi 10:00- Mobile Café 11:00- Scenic Walk 1:00- Rest & Relaxation 2:00- Cozy Cinema Friday 3:30- Warm Sips & Paint 4:00- Golden Oldies	17 9:00- Chair Yoga 9:30- Saturday Sports Club 10:00- Hydrate & Nourish 11:00- Seasonal Craft 1:00- BINGO 2:00- Brain Pop Word Search 3:00- Mobile Café 4:00- TV Favorite
18 9:00- Good Morning Social 9:30-Hymns and Harmony 10:00- Bible Stories 10:30- Inspiration & Snack 11:00- Craft Corner 1:00- Rest & Relaxation 2:00- Gentlemen's Chat 3:00- Afternoon Table Talk 4:00- Music for the Soul Sunday	19 9:00- Morning Garden Stroll 9:30- Seated Scarf Exercise 10:00- Warm Cinnamon Rolls 11:00- Music with Carol 1:00- Rest & Relaxation 2:00- Monday Matinee 3:30- BINGO 4:00- Golden Oldies	20 9:00- Breathe with Nature 9:30- Music with Clara 10:30- Hydrate & Nourish 11:00- Pinecone Bird Feeders 1:00- Rest & Relaxation 2:00- Documentary Tuesday 3:30- Trivia & Warm Drinks 4:00- Golden Oldies	21 9:00- Chair Yoga 9:30- Balloon Ball 10:00- Create & Decorate 11:00- Monthly Birthday Party 1:00- Pampered Hands 2:00- Women's Small Group 3:00- Corn Hole 4:00- Music	22 9:00- Scenic Steps 9:30- Scarf Dancing w/ Deborah 10:00- Coffee & Conversation 11:00- Music with Lindsay 11:00- Pampered Hands 1:00- Rest & Relaxation 2:00- LH Farmers Market 3:00- Harvest Coloring Hour 4:00- Brain Pop Word Search	23 9:00- Morning Garden Stroll 9:30- Gentle Chair Tai Chi 10:00- Scenic Drive 1:00- Rest & Relaxation 2:00- Cozy Cinema Friday 3:30- Warm Sips & Paint 4:00- Golden Oldies	24 9:00- Chair Yoga 9:30- Saturday Sports Club 10:00- Hydrate & Nourish 11:00- Seasonal Craft 1:00- BINGO 2:00- Big Screen Trivia 3:00- Mobile Café 4:00- TV Favorite
25 9:00- Good Morning Social 9:30-Hymns and Harmony 10:00- Bible Trivia 10:30- Inspiration & Snack 11:00- Craft Corner 1:00- Rest & Relaxation 2:00- Gentlemen's Chat 3:00- Afternoon Table Talk 4:00- Music for the Soul Sunday	26 9:00- Morning Garden Stroll 9:30- Seated Scarf Exercise 10:00- Warm Cider Donuts 11:00- Music with Carol 1:00- Rest & Relaxation 2:00- Monday Matinee 3:30- BINGO 4:00- Golden Oldies	27 9:00- Breathe with Nature 9:30- Music with Clara 10:30- Hydrate & Nourish 11:00- Pumpkin Seed Mosaics 1:00- Rest & Relaxation 2:00- Documentary Tuesday 3:30- Trivia & Warm Drinks 4:00- Golden Oldies	28 9:00- Chair Yoga 9:30- Balloon Ball 10:00- Cozy Social 11:00- Create & Decorate 1:00- Pampered Hands 2:00- Women's Small Group 3:00- Corn Hole 4:00- Music	29 9:00- Scenic Steps 9:30- Scarf Dancing w/ Deborah 10:00- Coffee & Conversation 11:00- Music with Lindsay 11:00- Pampered Hands 1:00- Rest & Relaxation 2:00- Women's Small Group 3:00- Ghost Pop Creations 4:00- Tricks, Treats, and Trivia	30 9:00- Morning Garden Stroll 9:30- Gentle Chair Tai Chi 10:00- Halloween Party 10:30- Costume Parade 11:00- Indoor Trick-Or-Treating 2:00- Gentle Halloween Movie 3:30- Warm Sips & Paint 4:00- Golden Oldies	31 9:00- Chair Yoga 9:30- Saturday Sports Club 10:00- Halloween Snack Social 11:00- Spooky Painting 1:00- BINGO 2:00- Brain Pop Word Search 3:00- Mobile Café 4:00- TV Favorite Halloween

1250 Branchlands Drive Charlottesville, VA 22901

ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE.